

SK≡PTIKO
science & spirituality

***SCIENTISM,
SPIRITUALITY,
SOFTLY***

#500-STEVE-TAYLOR



1
00:00:04,230 --> 00:00:02,149
and then there's john hill's uh golf

2
00:00:05,829 --> 00:00:04,240
game he is reported to have once claimed

3
00:00:09,110 --> 00:00:05,839
to have shot a 38

4
00:00:10,870 --> 00:00:09,120
under par round as you might expect no

5
00:00:12,070 --> 00:00:10,880
highlights uh to bring you from that

6
00:00:15,110 --> 00:00:12,080
round

7
00:00:16,390 --> 00:00:15,120
that's a news report from cnn well i

8
00:00:19,590 --> 00:00:16,400
guess if you can call

9
00:00:22,710 --> 00:00:19,600
what cnn does is news

10
00:00:24,630 --> 00:00:22,720
but anyways it's about obviously this

11
00:00:27,990 --> 00:00:24,640
fantastic golf round

12
00:00:30,550 --> 00:00:28,000
of the dear leader kim jong-il the

13
00:00:31,669 --> 00:00:30,560

the late great kim jong-il and it's a

14

00:00:33,430 --> 00:00:31,679

funny story

15

00:00:35,670 --> 00:00:33,440

and i thought it'd be kind of an

16

00:00:39,190 --> 00:00:35,680

interesting capstone to

17

00:00:40,950 --> 00:00:39,200

episode 500 of skeptico

18

00:00:44,069 --> 00:00:40,960

and in this episode of course you're

19

00:00:45,750 --> 00:00:44,079

going to hear a lot of the same stuff

20

00:00:48,790 --> 00:00:45,760

like it or not that you've grown

21

00:00:52,069 --> 00:00:48,800

accustomed to with skeptico

22

00:00:52,790 --> 00:00:52,079

a clip will explain my point is you got

23

00:00:56,830 --> 00:00:52,800

your book

24

00:00:59,349 --> 00:00:56,840

wrong it's not that science needs

25

00:01:02,470 --> 00:00:59,359

spirituality science is doing

26

00:01:04,950 --> 00:01:02,480

everything it can to keep

27

00:01:05,910 --> 00:01:04,960

spirituality infiltrating where they're

28

00:01:07,830 --> 00:01:05,920

trying to go

29

00:01:09,910 --> 00:01:07,840

so what i'm saying this is that you can

30

00:01:12,310 --> 00:01:09,920

sort of trace materialism to his

31

00:01:14,469 --> 00:01:12,320

historical factors cultural factors

32

00:01:16,789 --> 00:01:14,479

which are not necessarily linked to you

33

00:01:18,550 --> 00:01:16,799

know the social engineering process

34

00:01:21,109 --> 00:01:18,560

that is by the way our very excellent

35

00:01:21,830 --> 00:01:21,119

guest dr steve taylor who is a terrific

36

00:01:24,789 --> 00:01:21,840

guy

37

00:01:25,190 --> 00:01:24,799

and we really sunked on a lot of things

38

00:01:27,910 --> 00:01:25,200

but

39

00:01:30,390 --> 00:01:27,920

not so much and some other things again

40

00:01:32,310 --> 00:01:30,400

what you've come to expect with skeptico

41

00:01:34,710 --> 00:01:32,320

but i want to get back to the golf story

42

00:01:36,630 --> 00:01:34,720

because it's very skeptical

43

00:01:38,149 --> 00:01:36,640

as well first off i gotta tell you you

44

00:01:39,590 --> 00:01:38,159

haven't heard the clip that first

45

00:01:40,710 --> 00:01:39,600

introduced me to the golf story i didn't

46

00:01:42,789 --> 00:01:40,720

even know this

47

00:01:43,749 --> 00:01:42,799

thing about kim jong-il but a couple

48

00:01:46,149 --> 00:01:43,759

episodes

49

00:01:47,350 --> 00:01:46,159

back which will be coming up because the

50

00:01:49,749 --> 00:01:47,360

order that i'm putting these out

51
00:01:52,310 --> 00:01:49,759
is a little out of sequence matt whitman

52
00:01:54,550 --> 00:01:52,320
a guest from the 10 minute bible hour

53
00:01:55,350 --> 00:01:54,560
terrific guest really loved having this

54
00:01:56,709 --> 00:01:55,360
guy and

55
00:01:59,510 --> 00:01:56,719
anyways we're talking about the

56
00:02:02,310 --> 00:01:59,520
credibility of different sources

57
00:02:03,830 --> 00:02:02,320
and he brought up as an example yeah

58
00:02:05,510 --> 00:02:03,840
well of course i mean

59
00:02:07,510 --> 00:02:05,520
no one would believe the north korean

60
00:02:09,109 --> 00:02:07,520
government issuing a press police saying

61
00:02:12,070 --> 00:02:09,119
that kim jong-il

62
00:02:13,350 --> 00:02:12,080
shot 38 under power including by the way

63
00:02:16,150 --> 00:02:13,360

five hole-in-ones

64

00:02:18,229 --> 00:02:16,160

on that round so we laughed and got our

65

00:02:21,750 --> 00:02:18,239

chuckle made the point kind of moved on

66

00:02:23,830 --> 00:02:21,760

but as i a lot of times do i got to

67

00:02:27,030 --> 00:02:23,840

thinking about that i said

68

00:02:29,430 --> 00:02:27,040

is that really a real story

69

00:02:31,110 --> 00:02:29,440

how did it come down and the reason i

70

00:02:32,470 --> 00:02:31,120

did it as i've explained so many times

71

00:02:34,949 --> 00:02:32,480

on this show is that a bit

72

00:02:36,150 --> 00:02:34,959

duped so the first thing i did is just a

73

00:02:38,229 --> 00:02:36,160

quick google search

74

00:02:39,430 --> 00:02:38,239

is this really a story that's out there

75

00:02:41,430 --> 00:02:39,440

and yeah it's this

76
00:02:43,110 --> 00:02:41,440
story that's turned into this meme and

77
00:02:46,390 --> 00:02:43,120
it's kind of echo chamber

78
00:02:50,150 --> 00:02:46,400
example of how wacky north korea is so

79
00:02:53,589 --> 00:02:50,160
next layer down i found a link

80
00:02:54,869 --> 00:02:53,599
five top fake news stories about north

81
00:02:56,630 --> 00:02:54,879
korea

82
00:02:57,990 --> 00:02:56,640
and like this is really interesting i

83
00:02:59,750 --> 00:02:58,000
don't know how to make this any quicker

84
00:03:01,750 --> 00:02:59,760
i'll try and make it as quick as i can

85
00:03:04,070 --> 00:03:01,760
but in these five myths what they start

86
00:03:07,190 --> 00:03:04,080
out with they're number five

87
00:03:09,990 --> 00:03:07,200
on the list is north korea beat brazil

88
00:03:11,509 --> 00:03:10,000

in the world cup and won the world cup

89

00:03:14,949 --> 00:03:11,519

and then they go on to say

90

00:03:17,270 --> 00:03:14,959

how this isn't really a myth inside of

91

00:03:19,430 --> 00:03:17,280

north korea the north korean people

92

00:03:20,790 --> 00:03:19,440

don't really believe they won the world

93

00:03:22,390 --> 00:03:20,800

cup by beating brazil

94

00:03:24,309 --> 00:03:22,400

they were just very very proud that they

95

00:03:25,670 --> 00:03:24,319

even made the world cup it was actually

96

00:03:28,470 --> 00:03:25,680

shocking to the whole world

97

00:03:30,070 --> 00:03:28,480

that they did back in 2010 north korea

98

00:03:30,710 --> 00:03:30,080

did represent their country in the world

99

00:03:32,789 --> 00:03:30,720

cup so

100

00:03:34,149 --> 00:03:32,799

right off the bat i'm curious wow that

101
00:03:36,789 --> 00:03:34,159
does seem like a

102
00:03:38,630 --> 00:03:36,799
myth that they have debunked so then i

103
00:03:39,350 --> 00:03:38,640
continue to scroll down it's the usual

104
00:03:42,630 --> 00:03:39,360
stuff

105
00:03:45,110 --> 00:03:42,640
but number one on their list kim jong il

106
00:03:49,710 --> 00:03:45,120
scored a 36 hit golf

107
00:03:53,910 --> 00:03:51,750
youngpioneertours.com

108
00:03:56,229 --> 00:03:53,920
this is our favorite quite simply

109
00:03:59,350 --> 00:03:56,239
because it is the godfather of

110
00:04:02,309 --> 00:03:59,360
all north korean urban legends

111
00:04:04,470 --> 00:04:02,319
and then they end with this again the

112
00:04:06,949 --> 00:04:04,480
only problem with this story

113
00:04:07,910 --> 00:04:06,959

is that it was concocted outside of

114

00:04:10,710 --> 00:04:07,920

north korea

115

00:04:11,110 --> 00:04:10,720

and it was never ever yes never ever

116

00:04:13,750 --> 00:04:11,120

said

117

00:04:16,310 --> 00:04:13,760

in the country a fake story but great at

118

00:04:19,270 --> 00:04:16,320

setting the benchmark for how outrageous

119

00:04:20,870 --> 00:04:19,280

a story you can make before someone

120

00:04:22,069 --> 00:04:20,880

yells shenanigans

121

00:04:23,909 --> 00:04:22,079

one of my favorite words here

122

00:04:27,270 --> 00:04:23,919

shenanigans

123

00:04:30,629 --> 00:04:27,280

so i'm like wow that's curious

124

00:04:31,510 --> 00:04:30,639

who are these guys go to the about

125

00:04:34,150 --> 00:04:31,520

section

126

00:04:36,310 --> 00:04:34,160

young pioneer tours is an adventure

127

00:04:39,350 --> 00:04:36,320

travel company formed in 2008

128

00:04:40,310 --> 00:04:39,360

based in mainland china specializing in

129

00:04:43,110 --> 00:04:40,320

north korean

130

00:04:45,270 --> 00:04:43,120

tours renowned and rated as one of the

131

00:04:47,350 --> 00:04:45,280

best north korean travel operators with

132

00:04:50,390 --> 00:04:47,360

our unparalleled experience

133

00:04:53,189 --> 00:04:50,400

fun way of doing things and most

134

00:04:54,150 --> 00:04:53,199

importantly their words excellent

135

00:04:57,510 --> 00:04:54,160

relations

136

00:04:59,430 --> 00:04:57,520

in the country oh good you got excellent

137

00:05:01,830 --> 00:04:59,440

relations

138

00:05:03,189 --> 00:05:01,840

now i'm starting to wonder about the

139

00:05:05,110 --> 00:05:03,199

golf story

140

00:05:06,310 --> 00:05:05,120

and through the magic of a duckduckgo

141

00:05:09,430 --> 00:05:06,320

search we

142

00:05:13,510 --> 00:05:09,440

arrived at the website of

143

00:05:14,870 --> 00:05:13,520

eric ellis who in 1994 was a foreign

144

00:05:17,909 --> 00:05:14,880

correspondent for

145

00:05:21,270 --> 00:05:17,919

australian financial review

146

00:05:23,830 --> 00:05:21,280

and visited a pyongyang golf club

147

00:05:25,350 --> 00:05:23,840

and played around which is kind of a

148

00:05:27,029 --> 00:05:25,360

long story he had to kind of fake kind

149

00:05:28,390 --> 00:05:27,039

of credentials or what he was doing or

150

00:05:29,430 --> 00:05:28,400

some kind of stuff that you have to do

151

00:05:31,270 --> 00:05:29,440

all this crazy stuff

152

00:05:33,189 --> 00:05:31,280

anyways as part of playing the round he

153

00:05:36,550 --> 00:05:33,199

meets the i guess you could say

154

00:05:39,189 --> 00:05:36,560

golf pro and in their conversation

155

00:05:40,710 --> 00:05:39,199

the guy says dear leader comrade general

156

00:05:42,469 --> 00:05:40,720

kim jong-il

157

00:05:44,629 --> 00:05:42,479

was a hell of a golfer as a matter of

158

00:05:45,590 --> 00:05:44,639

fact you know he shot a 34 on this

159

00:05:48,870 --> 00:05:45,600

course including

160

00:05:52,310 --> 00:05:48,880

five holes in one so there you have it

161

00:05:54,469 --> 00:05:52,320

there is the source of the story

162

00:05:55,830 --> 00:05:54,479

and it really did come from north korea

163

00:05:59,350 --> 00:05:55,840

so it kind of debunks

164

00:06:02,870 --> 00:05:59,360

our pioneering tour friends whatever

165

00:06:04,469 --> 00:06:02,880

but the story isn't over see the story's

166

00:06:07,430 --> 00:06:04,479

never over

167

00:06:08,150 --> 00:06:07,440

that's what's skeptical has taught me

168

00:06:09,830 --> 00:06:08,160

but still

169

00:06:11,749 --> 00:06:09,840

at least the story ain't over when you

170

00:06:14,150 --> 00:06:11,759

think it's over

171

00:06:16,550 --> 00:06:14,160

because here's what else you can find if

172

00:06:19,749 --> 00:06:16,560

you search on this story

173

00:06:21,189 --> 00:06:19,759

this is from golf.com very respected and

174

00:06:25,830 --> 00:06:21,199

i feel the golf

175

00:06:28,150 --> 00:06:25,840

josh sends june 1st 2016.

176

00:06:28,870 --> 00:06:28,160

titled the article behind kim jong-il's

177

00:06:32,710 --> 00:06:28,880

famous

178

00:06:34,710 --> 00:06:32,720

round of golf and he does the usual

179

00:06:36,150 --> 00:06:34,720

yuck it up with the u.s open fast

180

00:06:36,550 --> 00:06:36,160

approaching i'd like to set the record

181

00:06:38,790 --> 00:06:36,560

straight

182

00:06:40,150 --> 00:06:38,800

on one of history's most astounding

183

00:06:41,749 --> 00:06:40,160

rounds of golf

184

00:06:43,510 --> 00:06:41,759

blah blah blah and then he says not

185

00:06:44,950 --> 00:06:43,520

johnny miller not jack nicholas and he

186

00:06:46,710 --> 00:06:44,960

goes kim jong-il

187

00:06:49,270 --> 00:06:46,720

you get the story get set up but here's

188

00:06:52,550 --> 00:06:49,280

the thing he goes on to say

189

00:06:54,309 --> 00:06:52,560

how he recently was in north korea

190

00:06:55,510 --> 00:06:54,319

went to the golf course i could say

191

00:06:56,790 --> 00:06:55,520

vehicle of course because there's only

192

00:06:58,309 --> 00:06:56,800

one golf course

193

00:07:00,150 --> 00:06:58,319

did a similar kind of thing that ellis

194

00:07:02,309 --> 00:07:00,160

did kind of faked his way on

195

00:07:03,270 --> 00:07:02,319

but here's the point of the story i read

196

00:07:05,029 --> 00:07:03,280

from his article

197

00:07:06,309 --> 00:07:05,039

a group of smiling caddies greeted us

198

00:07:08,230 --> 00:07:06,319

outside the clubhouse

199

00:07:10,150 --> 00:07:08,240

so did the club manager a stern-faced

200

00:07:12,150 --> 00:07:10,160

chain-smokey man in a brown suit and a

201
00:07:13,430 --> 00:07:12,160
cap with a red star above its bill

202
00:07:15,110 --> 00:07:13,440
after some cajoling through an

203
00:07:16,150 --> 00:07:15,120
interpreter he agreed to field some of

204
00:07:18,870 --> 00:07:16,160
my questions

205
00:07:19,749 --> 00:07:18,880
the first was a no-brainer had he

206
00:07:22,070 --> 00:07:19,759
witnessed

207
00:07:23,430 --> 00:07:22,080
the dear leaders fabled round he

208
00:07:26,230 --> 00:07:23,440
chuckled but said nothing

209
00:07:26,990 --> 00:07:26,240
what about the record-shattering score

210
00:07:30,230 --> 00:07:27,000
and those

211
00:07:31,029 --> 00:07:30,240
unforgettable five holes in one this

212
00:07:34,070 --> 00:07:31,039
time

213
00:07:36,950 --> 00:07:34,080

to my surprise he answered

214

00:07:37,589 --> 00:07:36,960

he was of course a staggering golf

215

00:07:40,230 --> 00:07:37,599

talent

216

00:07:40,870 --> 00:07:40,240

possessed of an enchantingly rhythmic

217

00:07:43,589 --> 00:07:40,880

swing

218

00:07:44,710 --> 00:07:43,599

but even for a player of his abilities

219

00:07:46,790 --> 00:07:44,720

five aces

220

00:07:49,589 --> 00:07:46,800

holes in one in one round were out of

221

00:07:51,749 --> 00:07:49,599

reach how that stat had entered into the

222

00:07:53,350 --> 00:07:51,759

official record was pretty simple the

223

00:07:56,469 --> 00:07:53,360

manager said

224

00:07:57,430 --> 00:07:56,479

the scorekeeper tracking kim's round

225

00:08:01,749 --> 00:07:57,440

that day

226

00:08:03,670 --> 00:08:01,759

had relied on a relative to par system

227

00:08:06,309 --> 00:08:03,680

marking down zeros for par one for

228

00:08:07,749 --> 00:08:06,319

bogeys and two for double bogeys

229

00:08:10,550 --> 00:08:07,759

unfamiliar with the scorekeeping

230

00:08:12,550 --> 00:08:10,560

shorthand the north korean state news

231

00:08:15,830 --> 00:08:12,560

agency covering the outing

232

00:08:19,749 --> 00:08:15,840

had read the five ones on kim's card

233

00:08:21,110 --> 00:08:19,759

as holes in one now he goes on to say

234

00:08:22,950 --> 00:08:21,120

forget the fact that kim a ranked

235

00:08:24,710 --> 00:08:22,960

beginner probably never sniffed a bogey

236

00:08:26,710 --> 00:08:24,720

all day long blah blah blah

237

00:08:28,070 --> 00:08:26,720

which is kind of interesting but it's

238

00:08:31,350 --> 00:08:28,080

gonna kind of throw us

239

00:08:33,110 --> 00:08:31,360

off track because believe it or not

240

00:08:35,269 --> 00:08:33,120

there's another twist to this story

241

00:08:37,269 --> 00:08:35,279

there's a skeptical moment

242

00:08:38,949 --> 00:08:37,279

in this story and we've almost gotten

243

00:08:39,750 --> 00:08:38,959

there because when you hear that

244

00:08:41,990 --> 00:08:39,760

explanation

245

00:08:44,310 --> 00:08:42,000

i said you there but i'm gonna say me

246

00:08:47,430 --> 00:08:44,320

when i heard that explanation

247

00:08:49,590 --> 00:08:47,440

i was like oh okay that's it that

248

00:08:51,190 --> 00:08:49,600

that explains it i mean it's outrageous

249

00:08:54,790 --> 00:08:51,200

the whole thing was outrageous

250

00:08:56,870 --> 00:08:54,800

the scorecard keeper made a mistake

251
00:08:58,630 --> 00:08:56,880
a stupid mistake that no one would make

252
00:09:00,389 --> 00:08:58,640
if they had knew anything about golf or

253
00:09:01,509 --> 00:09:00,399
would repeat if they knew anything about

254
00:09:04,550 --> 00:09:01,519
golf but

255
00:09:06,230 --> 00:09:04,560
a more believable mistake but now

256
00:09:07,190 --> 00:09:06,240
because i've been duped so many times

257
00:09:09,190 --> 00:09:07,200
and because

258
00:09:11,590 --> 00:09:09,200
in the process i've developed a little

259
00:09:14,710 --> 00:09:11,600
bit of spidey senses on this

260
00:09:17,829 --> 00:09:14,720
this thing sat with me for a while

261
00:09:21,350 --> 00:09:17,839
and then it suddenly dawned on me

262
00:09:24,470 --> 00:09:21,360
no this is upon

263
00:09:26,470 --> 00:09:24,480

upon and i thought of a couple

264

00:09:28,870 --> 00:09:26,480

of things that i thought i read

265

00:09:29,670 --> 00:09:28,880

in ellis's original article so i had to

266

00:09:31,990 --> 00:09:29,680

go back

267

00:09:33,190 --> 00:09:32,000

and here's what ellis originally wrote

268

00:09:35,670 --> 00:09:33,200

and remember

269

00:09:38,150 --> 00:09:35,680

eric ellis is the guy who starts this

270

00:09:39,750 --> 00:09:38,160

whole story there is no story before him

271

00:09:42,150 --> 00:09:39,760

so one of the things he says is that

272

00:09:43,350 --> 00:09:42,160

when he lined up at the first hole a 340

273

00:09:45,670 --> 00:09:43,360

meter dog like par

274

00:09:46,470 --> 00:09:45,680

four the golf pro the golf manager

275

00:09:50,230 --> 00:09:46,480

whatever

276

00:09:53,590 --> 00:09:50,240

said kim jon ill scored a two

277

00:09:54,710 --> 00:09:53,600

on this hole and the golf pro explains

278

00:09:57,829 --> 00:09:54,720

that the deer leader

279

00:10:00,230 --> 00:09:57,839

shot a 34 including five

280

00:10:02,790 --> 00:10:00,240

holes in one and no hole worse than a

281

00:10:04,550 --> 00:10:02,800

birdie it is one under par

282

00:10:06,389 --> 00:10:04,560

so wait a minute what about the two kids

283

00:10:08,710 --> 00:10:06,399

in china who have quote unquote

284

00:10:11,030 --> 00:10:08,720

excellent relations with north korea

285

00:10:12,710 --> 00:10:11,040

and insist that no north korean ever

286

00:10:14,150 --> 00:10:12,720

said this story it didn't originate from

287

00:10:15,750 --> 00:10:14,160

them well if you're following the story

288

00:10:16,710 --> 00:10:15,760

that was out long ago but i just want to

289

00:10:19,350 --> 00:10:16,720

remind you

290

00:10:21,190 --> 00:10:19,360

but what about the guy from golf.com

291

00:10:24,310 --> 00:10:21,200

from golf magazine who gets

292

00:10:27,110 --> 00:10:24,320

duped right he gets duped

293

00:10:29,030 --> 00:10:27,120

he goes there and the interpreter says

294

00:10:29,590 --> 00:10:29,040

oh well you know yeah that is pretty

295

00:10:33,590 --> 00:10:29,600

crazy

296

00:10:36,550 --> 00:10:33,600

turns out it was a scoring year no

297

00:10:36,550 --> 00:10:37,350

it wasn't a scoring year it's just

298

00:10:43,269 --> 00:10:40,150

it's just propaganda it's just

299

00:10:44,710 --> 00:10:43,279

controlling the message

300

00:10:46,470 --> 00:10:44,720

so my takeaway from this story is

301
00:10:47,750 --> 00:10:46,480
twofold one

302
00:10:50,069 --> 00:10:47,760
there's people who like to screw with

303
00:10:51,030 --> 00:10:50,079
the truth for all sorts of different

304
00:10:53,030 --> 00:10:51,040
reasons

305
00:10:54,310 --> 00:10:53,040
and sometimes they're very nefarious it

306
00:10:56,230 --> 00:10:54,320
still boggles the mind of everyone

307
00:10:57,190 --> 00:10:56,240
listening to the show that there is such

308
00:10:59,990 --> 00:10:57,200
a thing

309
00:11:01,269 --> 00:11:00,000
as north korea that has mind controlled

310
00:11:02,790 --> 00:11:01,279
and imprisoned

311
00:11:04,630 --> 00:11:02,800
so many millions of people while the

312
00:11:06,310 --> 00:11:04,640
rest of the world just stands by with a

313
00:11:08,790 --> 00:11:06,320

so it goes kind of attitude

314

00:11:10,310 --> 00:11:08,800

but number two and i guess relevant to

315

00:11:14,230 --> 00:11:10,320

skeptical 500

316

00:11:16,150 --> 00:11:14,240

is follow the data wherever it leads

317

00:11:17,910 --> 00:11:16,160

even if it takes a really long story to

318

00:11:19,990 --> 00:11:17,920

get there

319

00:11:21,509 --> 00:11:20,000

so if i can let me segue back to this

320

00:11:24,550 --> 00:11:21,519

interview coming up

321

00:11:24,790 --> 00:11:24,560

with dr steve taylor because i did push

322

00:11:26,710 --> 00:11:24,800

on

323

00:11:28,870 --> 00:11:26,720

them really hard but as you hear it

324

00:11:33,030 --> 00:11:28,880

turns out

325

00:11:37,190 --> 00:11:33,040

steve is an incredibly deep spiritual

326
00:11:40,310 --> 00:11:37,200
journeyer and has a wisdom about him

327
00:11:42,710 --> 00:11:40,320
that goes way way beyond

328
00:11:43,910 --> 00:11:42,720
my rattling on about scientism and

329
00:11:45,350 --> 00:11:43,920
parapolitics

330
00:11:47,910 --> 00:11:45,360
let me play you another clip from this

331
00:11:51,829 --> 00:11:47,920
interview a poem

332
00:11:54,150 --> 00:11:51,839
by dr steve taylor if you had to sum up

333
00:11:54,949 --> 00:11:54,160
russell's teaching in a couple of

334
00:11:57,670 --> 00:11:54,959
sentences

335
00:11:58,710 --> 00:11:57,680
what would it be yeah well actually i

336
00:12:00,949 --> 00:11:58,720
wrote a poem

337
00:12:01,910 --> 00:12:00,959
based on one of his teachings and the

338
00:12:05,829 --> 00:12:01,920

poem is called

339

00:12:10,230 --> 00:12:05,839

be soft so this is be soft

340

00:12:11,590 --> 00:12:10,240

based on russell williams's teaching be

341

00:12:13,430 --> 00:12:11,600

soft

342

00:12:15,030 --> 00:12:13,440

so that your mind doesn't clash with

343

00:12:16,949 --> 00:12:15,040

reality

344

00:12:18,710 --> 00:12:16,959

and you can absorb your experience with

345

00:12:21,750 --> 00:12:18,720

ease

346

00:12:24,069 --> 00:12:21,760

be soft so that disappointments and

347

00:12:26,949 --> 00:12:24,079

insults don't bruise you

348

00:12:30,470 --> 00:12:26,959

but bounce harmlessly away after your

349

00:12:33,750 --> 00:12:30,480

softness has absorbed their force

350

00:12:35,750 --> 00:12:33,760

be soft so that thoughts don't turn to

351
00:12:37,590 --> 00:12:35,760
fixed ideas

352
00:12:39,430 --> 00:12:37,600
and emotions throw through you without

353
00:12:41,430 --> 00:12:39,440
attaching themselves

354
00:12:43,590 --> 00:12:41,440
and animosity doesn't longer long enough

355
00:12:46,550 --> 00:12:43,600
to form a grudge

356
00:12:49,110 --> 00:12:46,560
and pain passes away before turning to

357
00:12:55,110 --> 00:12:52,310
be soft so that you can bend with the

358
00:12:57,269 --> 00:12:55,120
wind without breaking

359
00:13:00,550 --> 00:12:57,279
and become moist with the rain without

360
00:13:06,389 --> 00:13:03,670
be soft so that you pass through the

361
00:13:08,870 --> 00:13:06,399
world without leaving damage

362
00:13:11,590 --> 00:13:08,880
only the lightest of trails that will

363
00:13:18,829 --> 00:13:11,600

dissolve like a cloud

364

00:13:23,110 --> 00:13:21,350

breathes

365

00:13:25,269 --> 00:13:23,120

welcome to skeptica where we explore

366

00:13:27,750 --> 00:13:25,279

controversial science and spirituality

367

00:13:29,750 --> 00:13:27,760

with leading researchers thinkers

368

00:13:31,269 --> 00:13:29,760

and their critics i'm your host alex

369

00:13:34,310 --> 00:13:31,279

karis and today

370

00:13:37,509 --> 00:13:34,320

we welcome steve taylored skeptico

371

00:13:39,670 --> 00:13:37,519

dr steve taylor is a senior lecturer

372

00:13:42,150 --> 00:13:39,680

in psychology at leeds beckett

373

00:13:44,790 --> 00:13:42,160

university in the in the uk

374

00:13:46,470 --> 00:13:44,800

and chair of the trans-personal

375

00:13:49,269 --> 00:13:46,480

psychology section

376

00:13:51,829 --> 00:13:49,279

of the british psychological society

377

00:13:54,870 --> 00:13:51,839

that sounds impressive it really does

378

00:13:57,590 --> 00:13:54,880

he's also a best-selling author i

379

00:13:59,910 --> 00:13:57,600

started a podcast he does a lot of media

380

00:14:02,629 --> 00:13:59,920

he hangs out with ecker toley

381

00:14:03,110 --> 00:14:02,639

and he does a lot of other cool stuff

382

00:14:05,269 --> 00:14:03,120

steve

383

00:14:06,389 --> 00:14:05,279

welcome to skeptico thanks so much for

384

00:14:09,750 --> 00:14:06,399

joining me

385

00:14:12,389 --> 00:14:09,760

thanks alex great to be with you so

386

00:14:13,750 --> 00:14:12,399

steve let's talk about this new book of

387

00:14:17,069 --> 00:14:13,760

yours

388

00:14:18,550 --> 00:14:17,079

spiritual science why science needs

389

00:14:21,590 --> 00:14:18,560

spirituality

390

00:14:23,189 --> 00:14:21,600

to make sense of the world so

391

00:14:25,750 --> 00:14:23,199

uh let's dive right into it why don't

392

00:14:26,629 --> 00:14:25,760

you tell people the basic premise where

393

00:14:29,269 --> 00:14:26,639

you're coming from

394

00:14:29,990 --> 00:14:29,279

and and you know maybe before that even

395

00:14:32,550 --> 00:14:30,000

fill in a little

396

00:14:34,230 --> 00:14:32,560

bit more of your background i kind of

397

00:14:36,629 --> 00:14:34,240

gave a sketch but you really

398

00:14:37,750 --> 00:14:36,639

are are out there you've had a lot of

399

00:14:40,710 --> 00:14:37,760

accomplishments

400

00:14:42,790 --> 00:14:40,720

a lot of recognition in terms of some of

401
00:14:45,509 --> 00:14:42,800
the terrific books you've written

402
00:14:47,350 --> 00:14:45,519
you've really written a number of very

403
00:14:49,670 --> 00:14:47,360
popular well-received books

404
00:14:51,350 --> 00:14:49,680
i'm bringing up here the leap clear

405
00:14:52,710 --> 00:14:51,360
light which is also the title of your

406
00:14:55,910 --> 00:14:52,720
podcast

407
00:14:56,949 --> 00:14:55,920
waking from sleep so a lot of cool stuff

408
00:15:00,590 --> 00:14:56,959
and you have a website

409
00:15:03,509 --> 00:15:00,600
very nicely done steve taylor

410
00:15:06,710 --> 00:15:03,519
spirituality and psychology

411
00:15:08,550 --> 00:15:06,720
so there's a lot too what's going on

412
00:15:09,670 --> 00:15:08,560
with steve taylor tell us more about

413
00:15:12,949 --> 00:15:09,680

your background

414

00:15:15,110 --> 00:15:12,959

and then we can dive into this book

415

00:15:17,269 --> 00:15:15,120

okay uh well my background is quite kind

416

00:15:20,230 --> 00:15:17,279

of ordinary i'm from sort of a

417

00:15:20,550 --> 00:15:20,240

my family was kind of working class um i

418

00:15:24,389 --> 00:15:20,560

didn't

419

00:15:25,509 --> 00:15:24,399

spirituality in my background

420

00:15:27,990 --> 00:15:25,519

but i must have had a kind of

421

00:15:30,790 --> 00:15:28,000

instinctive impulsive spirituality

422

00:15:31,509 --> 00:15:30,800

in my nature because at the age of 16 or

423

00:15:33,910 --> 00:15:31,519

17

424

00:15:35,749 --> 00:15:33,920

i began to be interested in spirituality

425

00:15:37,910 --> 00:15:35,759

i started to have what i recognize now

426

00:15:40,069 --> 00:15:37,920

are spiritual type experiences of

427

00:15:43,509 --> 00:15:40,079

expansion and connection

428

00:15:45,030 --> 00:15:43,519

and kind of upliftment and euphoria

429

00:15:46,629 --> 00:15:45,040

but i didn't understand the experiences

430

00:15:47,670 --> 00:15:46,639

at the time really i felt

431

00:15:49,030 --> 00:15:47,680

i thought maybe there was something

432

00:15:50,230 --> 00:15:49,040

wrong with me but maybe i was a bit

433

00:15:52,470 --> 00:15:50,240

crazy

434

00:15:54,550 --> 00:15:52,480

but it was only later on when i began to

435

00:15:56,069 --> 00:15:54,560

you know read into read about mystical

436

00:15:58,069 --> 00:15:56,079

experiences

437

00:15:59,430 --> 00:15:58,079

when i began to look into trans personal

438

00:16:00,870 --> 00:15:59,440

psychology

439

00:16:02,629 --> 00:16:00,880

then i realized that i could make sense

440

00:16:04,150 --> 00:16:02,639

of my experiences i realized that i was

441

00:16:06,069 --> 00:16:04,160

having kind of you know

442

00:16:08,550 --> 00:16:06,079

you know that kind of gave me a context

443

00:16:10,949 --> 00:16:08,560

to make sense of my own experiences

444

00:16:12,470 --> 00:16:10,959

so later on um i was i was originally a

445

00:16:15,749 --> 00:16:12,480

musician for quite a long time

446

00:16:17,990 --> 00:16:15,759

but later on i decided i wanted to go

447

00:16:18,790 --> 00:16:18,000

back into education to become a

448

00:16:21,350 --> 00:16:18,800

psychologist

449

00:16:22,790 --> 00:16:21,360

to try to understand these experiences

450

00:16:24,870 --> 00:16:22,800

that i'd had

451
00:16:26,870 --> 00:16:24,880
and then i found out about you know the

452
00:16:28,550 --> 00:16:26,880
field of transportation psychology and

453
00:16:30,150 --> 00:16:28,560
how it links eastern philosophy and

454
00:16:32,150 --> 00:16:30,160
western psychology

455
00:16:33,269 --> 00:16:32,160
and that was my i realized straight away

456
00:16:34,949 --> 00:16:33,279
that was my home that was where i

457
00:16:37,749 --> 00:16:34,959
belonged in academia

458
00:16:39,670 --> 00:16:37,759
so i did a master's degree and i've

459
00:16:42,069 --> 00:16:39,680
always been interested in researching

460
00:16:43,509 --> 00:16:42,079
you know transformational experiences or

461
00:16:45,590 --> 00:16:43,519
as i call them awakening

462
00:16:47,590 --> 00:16:45,600
experiences but at the same time you

463
00:16:50,790 --> 00:16:47,600

know being involved in academia

464

00:16:52,629 --> 00:16:50,800

i've been very aware of the scientism

465

00:16:53,430 --> 00:16:52,639

and the materialism which is inherent in

466

00:16:55,509 --> 00:16:53,440

academia

467

00:16:57,269 --> 00:16:55,519

which kind of pervades the academic

468

00:16:59,749 --> 00:16:57,279

establishment so if you have sort of

469

00:17:01,990 --> 00:16:59,759

esoteric views if you believe in the

470

00:17:04,309 --> 00:17:02,000

existence of psy phenomena for example

471

00:17:05,829 --> 00:17:04,319

you're kind of like a bit of an outcast

472

00:17:07,510 --> 00:17:05,839

you know you you're not really supposed

473

00:17:08,870 --> 00:17:07,520

to speak about these things in academia

474

00:17:11,270 --> 00:17:08,880

so i've always been very aware of the

475

00:17:14,069 --> 00:17:11,280

kind of scientism which is inbuilt

476
00:17:15,669 --> 00:17:14,079
within academia and as time has gone by

477
00:17:16,949 --> 00:17:15,679
i've been sort of rebelling against that

478
00:17:17,270 --> 00:17:16,959
i've been you know involved more and

479
00:17:20,150 --> 00:17:17,280
more

480
00:17:21,429 --> 00:17:20,160
into uh with investigating anomalous

481
00:17:23,590 --> 00:17:21,439
phenomena

482
00:17:25,350 --> 00:17:23,600
and i've also been involved in

483
00:17:26,069 --> 00:17:25,360
investigating the assumptions which lie

484
00:17:29,110 --> 00:17:26,079
behind

485
00:17:31,029 --> 00:17:29,120
materialism and scientism so now i kind

486
00:17:31,990 --> 00:17:31,039
of affiliate myself with the uh

487
00:17:34,710 --> 00:17:32,000
i guess you could call it the

488
00:17:36,870 --> 00:17:34,720

post-materialist movement which tries to

489

00:17:38,390 --> 00:17:36,880

you know examine the assumptions of

490

00:17:39,430 --> 00:17:38,400

materialist science and try to move

491

00:17:42,710 --> 00:17:39,440

beyond them

492

00:17:45,270 --> 00:17:42,720

in order to create a a better paradigm

493

00:17:47,830 --> 00:17:45,280

which makes more sense of reality

494

00:17:48,789 --> 00:17:47,840

great and that is basically what this

495

00:17:50,789 --> 00:17:48,799

new book is about

496

00:17:51,990 --> 00:17:50,799

spiritual science why science needs

497

00:17:54,310 --> 00:17:52,000

spirituality

498

00:17:56,070 --> 00:17:54,320

to make sense of the world once you uh

499

00:17:58,310 --> 00:17:56,080

sketch out for people

500

00:17:59,990 --> 00:17:58,320

kind of where you're going with with

501
00:18:03,190 --> 00:18:00,000
your theory that kind of

502
00:18:05,590 --> 00:18:03,200
threads the needle between materialism

503
00:18:07,430 --> 00:18:05,600
and pan psychism and

504
00:18:08,630 --> 00:18:07,440
there's no there's a third way you're

505
00:18:11,510 --> 00:18:08,640
saying

506
00:18:11,830 --> 00:18:11,520
that's right um well first of all you

507
00:18:14,070 --> 00:18:11,840
know

508
00:18:15,110 --> 00:18:14,080
the book is mainly or partly about how

509
00:18:17,830 --> 00:18:15,120
materialism

510
00:18:18,470 --> 00:18:17,840
cannot explain the world or human

511
00:18:21,029 --> 00:18:18,480
experience

512
00:18:22,549 --> 00:18:21,039
it kind of explains several basic

513
00:18:23,909 --> 00:18:22,559

aspects of human experience such as

514

00:18:26,870 --> 00:18:23,919

consciousness

515

00:18:27,110 --> 00:18:26,880

such as altruism such as the influence

516

00:18:29,909 --> 00:18:27,120

of

517

00:18:31,590 --> 00:18:29,919

the mind over the body and so on a

518

00:18:34,070 --> 00:18:31,600

materialism cannot explain

519

00:18:35,990 --> 00:18:34,080

you know seemingly esoteric phenomena

520

00:18:37,590 --> 00:18:36,000

such as near-death experiences spiritual

521

00:18:39,909 --> 00:18:37,600

experiences site phenomena

522

00:18:41,590 --> 00:18:39,919

it just disregards those experiences and

523

00:18:44,230 --> 00:18:41,600

tries to explain them away

524

00:18:45,190 --> 00:18:44,240

in terms of fraud or coincidence and so

525

00:18:49,350 --> 00:18:45,200

on

526

00:18:50,789 --> 00:18:49,360

materialism

527

00:18:52,789 --> 00:18:50,799

but um it's not i think it's a very good

528

00:18:53,990 --> 00:18:52,799

alternative psychism basically says that

529

00:18:55,270 --> 00:18:54,000

there is a

530

00:18:57,029 --> 00:18:55,280

i mean there are obviously lots of

531

00:18:58,870 --> 00:18:57,039

different forms of pancakes but the most

532

00:19:00,390 --> 00:18:58,880

sort of basic form of pancythism

533

00:19:03,029 --> 00:19:00,400

suggests that there is a

534

00:19:04,549 --> 00:19:03,039

a tiny element of mind in all material

535

00:19:06,150 --> 00:19:04,559

particles

536

00:19:07,990 --> 00:19:06,160

uh so atoms have a tiny sort of

537

00:19:10,470 --> 00:19:08,000

flickering of consciousness

538

00:19:12,390 --> 00:19:10,480

or maybe the this kind of the uh the

539

00:19:15,110 --> 00:19:12,400

inner life of atoms is consciousness

540

00:19:16,310 --> 00:19:15,120

atoms appear exterior externally as

541

00:19:17,990 --> 00:19:16,320

physical entities but they have this

542

00:19:20,150 --> 00:19:18,000

kind of inward dimension

543

00:19:21,750 --> 00:19:20,160

of consciousness but that doesn't really

544

00:19:23,029 --> 00:19:21,760

help as much in terms of explaining

545

00:19:25,830 --> 00:19:23,039

reality

546

00:19:27,990 --> 00:19:25,840

um so i've suggested a philosophy which

547

00:19:30,950 --> 00:19:28,000

i call pan-spiritism

548

00:19:31,590 --> 00:19:30,960

and the basic idea of that is that the

549

00:19:33,990 --> 00:19:31,600

you know the

550

00:19:34,950 --> 00:19:34,000

the ground reality of the universe is

551
00:19:36,870 --> 00:19:34,960
spirit

552
00:19:38,470 --> 00:19:36,880
or i sometimes call it fundamental

553
00:19:40,549 --> 00:19:38,480
consciousness

554
00:19:41,909 --> 00:19:40,559
so everything emerges all material

555
00:19:43,110 --> 00:19:41,919
things emerge from fundamental

556
00:19:44,549 --> 00:19:43,120
consciousness

557
00:19:46,549 --> 00:19:44,559
and human beings individual

558
00:19:48,710 --> 00:19:46,559
consciousness emerges from

559
00:19:50,950 --> 00:19:48,720
fundamental consciousness our own

560
00:19:53,029 --> 00:19:50,960
consciousness is an influx

561
00:19:54,470 --> 00:19:53,039
of the fundamental consciousness of the

562
00:19:57,510 --> 00:19:54,480
universe

563
00:20:00,789 --> 00:19:57,520

and the role of the brain as i see it

564

00:20:03,830 --> 00:20:00,799

is to catalyze fundamental consciousness

565

00:20:05,350 --> 00:20:03,840

into our own individual being so there's

566

00:20:07,190 --> 00:20:05,360

a kind of a link to evolution there

567

00:20:08,710 --> 00:20:07,200

because

568

00:20:10,789 --> 00:20:08,720

through the through the progression of

569

00:20:12,549 --> 00:20:10,799

evolution as living beings become more

570

00:20:15,669 --> 00:20:12,559

physically complex

571

00:20:17,590 --> 00:20:15,679

they also become more uh

572

00:20:19,190 --> 00:20:17,600

conscious so there's a link between the

573

00:20:21,270 --> 00:20:19,200

complexity of physical form and the

574

00:20:23,430 --> 00:20:21,280

intensity of consciousness

575

00:20:25,430 --> 00:20:23,440

so with with us human beings we have

576

00:20:26,630 --> 00:20:25,440

something like 100 billion blank brain

577

00:20:29,430 --> 00:20:26,640

cells

578

00:20:31,990 --> 00:20:29,440

and that enables us to catalyze

579

00:20:33,750 --> 00:20:32,000

consciousness very intensely

580

00:20:35,270 --> 00:20:33,760

so that our own individual consciousness

581

00:20:39,029 --> 00:20:35,280

becomes very intricate

582

00:20:40,310 --> 00:20:39,039

quite powerful and intense um

583

00:20:41,830 --> 00:20:40,320

but there's obviously a future an

584

00:20:43,430 --> 00:20:41,840

evolution evolution is obviously gonna

585

00:20:45,430 --> 00:20:43,440

is obviously gonna continue

586

00:20:47,270 --> 00:20:45,440

in the future so in the future there

587

00:20:47,990 --> 00:20:47,280

will be more complex living beings than

588

00:20:53,830 --> 00:20:48,000

us

589

00:20:55,270 --> 00:20:53,840

but my basic idea is that once you pos

590

00:20:56,710 --> 00:20:55,280

if you postulate a fundamental

591

00:20:57,909 --> 00:20:56,720

consciousness which is the essence of

592

00:20:59,190 --> 00:20:57,919

reality

593

00:21:00,789 --> 00:20:59,200

then all of the things we've mentioned

594

00:21:02,390 --> 00:21:00,799

early become easy to explain you can

595

00:21:03,669 --> 00:21:02,400

explain altruism

596

00:21:05,590 --> 00:21:03,679

you know you can have the basis for an

597

00:21:08,950 --> 00:21:05,600

explanation of consciousness

598

00:21:10,870 --> 00:21:08,960

and of sight phenomena and so on

599

00:21:12,310 --> 00:21:10,880

you know i was kind of with you on the

600

00:21:14,230 --> 00:21:12,320

evolutionary

601
00:21:16,230 --> 00:21:14,240
aspect of consciousness right until the

602
00:21:18,549 --> 00:21:16,240
end when you said where it's

603
00:21:20,470 --> 00:21:18,559
where it's going and i don't know so you

604
00:21:23,669 --> 00:21:20,480
know we've had quite a little email

605
00:21:26,070 --> 00:21:23,679
exchange prior to this

606
00:21:28,230 --> 00:21:26,080
interview because uh as you know i've

607
00:21:31,350 --> 00:21:28,240
done so many shows

608
00:21:33,270 --> 00:21:31,360
on this scientism issue and on

609
00:21:33,750 --> 00:21:33,280
materialism and post materialism and all

610
00:21:36,789 --> 00:21:33,760
that

611
00:21:38,630 --> 00:21:36,799
and you know i wanted to kind of take

612
00:21:40,950 --> 00:21:38,640
this in a slightly different direction

613
00:21:41,909 --> 00:21:40,960

as i outlined over and over again to you

614

00:21:43,270 --> 00:21:41,919

in these emails

615

00:21:45,510 --> 00:21:43,280

kind of trying to call off this

616

00:21:47,350 --> 00:21:45,520

interview but let me

617

00:21:48,710 --> 00:21:47,360

share a story with you let me tell you a

618

00:21:50,470 --> 00:21:48,720

story

619

00:21:52,870 --> 00:21:50,480

i did an interview a while back with a

620

00:21:54,630 --> 00:21:52,880

physicist named dr donald hoffman have

621

00:21:56,630 --> 00:21:54,640

you ever heard of hoffman

622

00:21:58,230 --> 00:21:56,640

uh i'm not sure yeah it sounds familiar

623

00:22:00,870 --> 00:21:58,240

but i'm not familiar with his work

624

00:22:01,590 --> 00:22:00,880

well he he's quite a guy he's very well

625

00:22:03,909 --> 00:22:01,600

respected

626
00:22:05,190 --> 00:22:03,919
in kind of mainstream science but he's

627
00:22:06,630 --> 00:22:05,200
also very

628
00:22:08,470 --> 00:22:06,640
prominent in this kind of

629
00:22:10,789 --> 00:22:08,480
post-materialist science

630
00:22:11,590 --> 00:22:10,799
kind of community because he's that's

631
00:22:14,630 --> 00:22:11,600
where he's

632
00:22:16,710 --> 00:22:14,640
developed

633
00:22:18,070 --> 00:22:16,720
a mathematical model of consciousness

634
00:22:21,669 --> 00:22:18,080
that he believes

635
00:22:24,710 --> 00:22:21,679
shows mathematically undermines the

636
00:22:25,990 --> 00:22:24,720
consciousness materialism that

637
00:22:27,590 --> 00:22:26,000
we're kind of subjected to

638
00:22:29,830 --> 00:22:27,600

so anyways i'm doing this interview with

639

00:22:32,870 --> 00:22:29,840

him and i actually played him

640

00:22:33,270 --> 00:22:32,880

uh a clip from your buddy eckhart tolle

641

00:22:34,950 --> 00:22:33,280

because

642

00:22:37,590 --> 00:22:34,960

i love eckhart tolle i think he's

643

00:22:41,430 --> 00:22:37,600

wonderful and i particularly

644

00:22:43,110 --> 00:22:41,440

like you know tully's let go of thinking

645

00:22:44,870 --> 00:22:43,120

let go of knowing kind of

646

00:22:46,149 --> 00:22:44,880

idea i think it resonates with people

647

00:22:47,990 --> 00:22:46,159

immediately you know

648

00:22:49,270 --> 00:22:48,000

why do i need to hold on to this idea

649

00:22:51,350 --> 00:22:49,280

that i i know

650

00:22:52,870 --> 00:22:51,360

something or that i that i'm thinking

651
00:22:56,149 --> 00:22:52,880
i'm you know all that kind of stuff

652
00:22:57,430 --> 00:22:56,159
so i lay that on on hoffman right and he

653
00:22:59,110 --> 00:22:57,440
pauses for a minute and

654
00:23:00,630 --> 00:22:59,120
his tone really shifts now because we're

655
00:23:01,909 --> 00:23:00,640
talking about physics and all this

656
00:23:03,830 --> 00:23:01,919
you know we're talking about

657
00:23:04,950 --> 00:23:03,840
quantum physics and all this hardcore

658
00:23:06,870 --> 00:23:04,960
mathematical stuff

659
00:23:08,630 --> 00:23:06,880
and now i've shifted into spirituality

660
00:23:11,190 --> 00:23:08,640
well he doesn't miss a beat

661
00:23:12,710 --> 00:23:11,200
he goes yeah because i really like and

662
00:23:14,549 --> 00:23:12,720
respect totally

663
00:23:16,230 --> 00:23:14,559

listen to a lot of his lectures and he

664

00:23:19,669 --> 00:23:16,240

goes i spend

665

00:23:22,070 --> 00:23:19,679

a portion of my day every day in silence

666

00:23:24,070 --> 00:23:22,080

because i think it's important but the

667

00:23:25,029 --> 00:23:24,080

question i'd really asked him was about

668

00:23:28,310 --> 00:23:25,039

whether or not

669

00:23:31,190 --> 00:23:28,320

his mathematical model

670

00:23:31,590 --> 00:23:31,200

was yet another abstraction of something

671

00:23:33,750 --> 00:23:31,600

that

672

00:23:35,029 --> 00:23:33,760

is beyond abstraction because it's

673

00:23:38,950 --> 00:23:35,039

fundamental

674

00:23:40,630 --> 00:23:38,960

right so he pauses and he goes

675

00:23:42,310 --> 00:23:40,640

you know i gave a lecture once and this

676
00:23:43,750 --> 00:23:42,320
guy came up to me at the end of the

677
00:23:46,630 --> 00:23:43,760
lecture

678
00:23:48,470 --> 00:23:46,640
and he laid this roomy quote on me he

679
00:23:51,990 --> 00:23:48,480
said the language of god

680
00:23:55,590 --> 00:23:52,000
is silence all else

681
00:23:57,110 --> 00:23:55,600
is poor translation so this guy's really

682
00:23:58,230 --> 00:23:57,120
starting to stick it to hoffman after a

683
00:23:59,510 --> 00:23:58,240
lecture you can only imagine you've

684
00:24:02,830 --> 00:23:59,520
probably had this happen

685
00:24:04,950 --> 00:24:02,840
a couple of times yeah so so hoffman is

686
00:24:08,230 --> 00:24:04,960
like

687
00:24:11,990 --> 00:24:08,240
great totally get it

688
00:24:15,430 --> 00:24:12,000

and he says i could totally respect that

689

00:24:19,190 --> 00:24:15,440

if and these are my words not his

690

00:24:21,430 --> 00:24:19,200

people like you would shut the up

691

00:24:24,070 --> 00:24:21,440

so if that's your point if your point is

692

00:24:26,390 --> 00:24:24,080

silence then shut the up

693

00:24:28,070 --> 00:24:26,400

but here was his real point because he's

694

00:24:31,750 --> 00:24:28,080

not that kind of

695

00:24:35,510 --> 00:24:31,760

guy like i am he said look

696

00:24:36,710 --> 00:24:35,520

i agree that consciousness is

697

00:24:39,590 --> 00:24:36,720

fundamental

698

00:24:40,310 --> 00:24:39,600

i agree therefore that i understand the

699

00:24:42,950 --> 00:24:40,320

silence

700

00:24:43,750 --> 00:24:42,960

aspect of this but if we are going to

701
00:24:47,990 --> 00:24:43,760
speak

702
00:24:49,750 --> 00:24:48,000
our ideas be known and we want to share

703
00:24:52,789 --> 00:24:49,760
those ideas

704
00:24:55,029 --> 00:24:52,799
then i want to be as precise as possible

705
00:24:57,190 --> 00:24:55,039
that's what hoffman says i want to look

706
00:25:00,230 --> 00:24:57,200
for mathematical models

707
00:25:03,510 --> 00:25:00,240
that are as precise as possible

708
00:25:04,789 --> 00:25:03,520
when i talk yeah and steve that was my

709
00:25:07,350 --> 00:25:04,799
pushback

710
00:25:08,230 --> 00:25:07,360
on you you know i mean i kept hitting

711
00:25:10,149 --> 00:25:08,240
you with

712
00:25:12,070 --> 00:25:10,159
thing after thing and you're like oh i'm

713
00:25:12,789 --> 00:25:12,080

not so interested in that i don't know

714

00:25:15,669 --> 00:25:12,799

about that

715

00:25:17,830 --> 00:25:15,679

and to me it seemed fundamental to

716

00:25:20,870 --> 00:25:17,840

really the premise of your book

717

00:25:23,750 --> 00:25:20,880

your the subtitle of the book is why

718

00:25:24,710 --> 00:25:23,760

science needs spirituality to make sense

719

00:25:27,750 --> 00:25:24,720

of the world

720

00:25:30,789 --> 00:25:27,760

my counter to that is no

721

00:25:32,870 --> 00:25:30,799

science is doing everything they can

722

00:25:35,110 --> 00:25:32,880

and they have been doing everything they

723

00:25:37,870 --> 00:25:35,120

can for the last hundred years

724

00:25:39,350 --> 00:25:37,880

to run away from spirituality to

725

00:25:42,789 --> 00:25:39,360

systematically

726

00:25:45,750 --> 00:25:42,799

suppress control and

727

00:25:47,990 --> 00:25:45,760

you know obfuscate what is obvious is

728

00:25:50,549 --> 00:25:48,000

that we all have this greater

729

00:25:52,070 --> 00:25:50,559

consciousness this greater sense of

730

00:25:54,310 --> 00:25:52,080

connection with the divine

731

00:25:55,190 --> 00:25:54,320

so this idea that we're going to kind of

732

00:25:57,590 --> 00:25:55,200

that oh

733

00:25:58,549 --> 00:25:57,600

science is almost there let's cheer them

734

00:26:00,789 --> 00:25:58,559

on you know they're

735

00:26:02,310 --> 00:26:00,799

we're moving towards post materialism

736

00:26:05,029 --> 00:26:02,320

hell no

737

00:26:05,830 --> 00:26:05,039

um yeah i agree i agree about the

738

00:26:08,549 --> 00:26:05,840

silence

739

00:26:09,990 --> 00:26:08,559

i mean william james when he he was one

740

00:26:11,909 --> 00:26:10,000

of the first psychologists to speak

741

00:26:13,909 --> 00:26:11,919

about spiritual experiences or mystical

742

00:26:15,350 --> 00:26:13,919

experiences and he said that one of

743

00:26:16,149 --> 00:26:15,360

their characteristics is that they are

744

00:26:18,710 --> 00:26:16,159

ineffable

745

00:26:19,750 --> 00:26:18,720

you can't describe them and you know

746

00:26:21,350 --> 00:26:19,760

there's the old

747

00:26:23,590 --> 00:26:21,360

zen saying that the finger that points

748

00:26:25,110 --> 00:26:23,600

at the moon is not the moon so there's

749

00:26:27,190 --> 00:26:25,120

no point trying to describe

750

00:26:28,149 --> 00:26:27,200

the moon but i'm not sure if that's

751
00:26:30,310 --> 00:26:28,159
completely true i mean

752
00:26:31,190 --> 00:26:30,320
tolley's books for example they have a

753
00:26:33,909 --> 00:26:31,200
very powerful

754
00:26:34,390 --> 00:26:33,919
impact they're just words but they

755
00:26:37,029 --> 00:26:34,400
convey

756
00:26:38,149 --> 00:26:37,039
something which is beyond words and i've

757
00:26:40,549 --> 00:26:38,159
met countless people

758
00:26:42,070 --> 00:26:40,559
who've had spiritual experiences while

759
00:26:43,269 --> 00:26:42,080
reading his book

760
00:26:45,909 --> 00:26:43,279
and it is just words but there's

761
00:26:47,590 --> 00:26:45,919
something beyond those words which is

762
00:26:49,269 --> 00:26:47,600
communicating through those words

763
00:26:51,590 --> 00:26:49,279

so i think words can be a very powerful

764

00:26:53,029 --> 00:26:51,600

channel music can do it too

765

00:26:54,870 --> 00:26:53,039

you know an art can do it they could

766

00:26:56,149 --> 00:26:54,880

maybe they can do it better than words

767

00:26:58,630 --> 00:26:56,159

because they are you know they are

768

00:27:00,230 --> 00:26:58,640

non-verbal um

769

00:27:02,149 --> 00:27:00,240

and that's you know as as for the rest

770

00:27:03,909 --> 00:27:02,159

of what you were saying i agree

771

00:27:05,269 --> 00:27:03,919

that you know spirituality has been shut

772

00:27:06,230 --> 00:27:05,279

out of science i think there's a there's

773

00:27:08,549 --> 00:27:06,240

a very big

774

00:27:10,549 --> 00:27:08,559

dichotomy between mainstream science

775

00:27:11,830 --> 00:27:10,559

which is probably more materialistic

776

00:27:14,430 --> 00:27:11,840

than it's ever been

777

00:27:16,789 --> 00:27:14,440

before and this kind of emerging

778

00:27:18,630 --> 00:27:16,799

post-materialistic science

779

00:27:20,070 --> 00:27:18,640

which is you know moving in a completely

780

00:27:21,990 --> 00:27:20,080

different direction so there's i think

781

00:27:23,269 --> 00:27:22,000

there's a schism within science

782

00:27:26,870 --> 00:27:23,279

more and more scientists are trying to

783

00:27:29,909 --> 00:27:26,880

hold on to this rigid cold materialism

784

00:27:31,430 --> 00:27:29,919

that says that we are just meat machines

785

00:27:33,590 --> 00:27:31,440

and that our consciousness will end when

786

00:27:34,630 --> 00:27:33,600

we die and that side phenomena cannot

787

00:27:36,389 --> 00:27:34,640

exist

788

00:27:38,870 --> 00:27:36,399

maybe because they feel threatened by

789

00:27:40,549 --> 00:27:38,880

this emerging post-materialist science

790

00:27:42,310 --> 00:27:40,559

they're clinging to their values more

791

00:27:44,149 --> 00:27:42,320

strongly they're clinging to their

792

00:27:45,830 --> 00:27:44,159

beliefs more strongly

793

00:27:47,269 --> 00:27:45,840

and a lot a lot of early scientists were

794

00:27:49,510 --> 00:27:47,279

quite spiritual guys you know like

795

00:27:50,789 --> 00:27:49,520

newton for example leibniz

796

00:27:52,630 --> 00:27:50,799

they were very kind of interested in

797

00:27:54,549 --> 00:27:52,640

metaphysics and religion and

798

00:27:56,710 --> 00:27:54,559

spirituality

799

00:27:58,230 --> 00:27:56,720

but yeah so i think science i think

800

00:27:58,950 --> 00:27:58,240

mainstream sites will at some point have

801
00:28:01,669 --> 00:27:58,960
to give way

802
00:28:02,710 --> 00:28:01,679
i think the momentum of post-materialism

803
00:28:04,950 --> 00:28:02,720
is building up

804
00:28:05,830 --> 00:28:04,960
and sooner or later it will happen you

805
00:28:08,389 --> 00:28:05,840
know whether it's in

806
00:28:09,990 --> 00:28:08,399
a few decades but at some point i'm sure

807
00:28:12,710 --> 00:28:10,000
it will happen

808
00:28:13,669 --> 00:28:12,720
no i'm not sure it'll happen you know

809
00:28:15,510 --> 00:28:13,679
the the counter

810
00:28:16,710 --> 00:28:15,520
the counter hypothesis that i presented

811
00:28:18,389 --> 00:28:16,720
to you is to say

812
00:28:20,070 --> 00:28:18,399
look at remote viewing and look at

813
00:28:21,830 --> 00:28:20,080

stargate and

814

00:28:23,669 --> 00:28:21,840

again we didn't seem to really connect

815

00:28:27,110 --> 00:28:23,679

on this because you you seem to just

816

00:28:29,430 --> 00:28:28,389

i didn't understand where you go where

817

00:28:30,950 --> 00:28:29,440

you were going with that i understand

818

00:28:32,470 --> 00:28:30,960

now i didn't understand the

819

00:28:34,149 --> 00:28:32,480

the meaning of your you know for the

820

00:28:38,149 --> 00:28:34,159

sake for the sake of the audience

821

00:28:38,870 --> 00:28:38,159

where i'm going now is in the 1950s they

822

00:28:42,389 --> 00:28:38,880

started

823

00:28:43,430 --> 00:28:42,399

mk ultra and and it wound up being over

824

00:28:46,230 --> 00:28:43,440

150

825

00:28:48,310 --> 00:28:46,240

at least programs in all of these

826
00:28:50,070 --> 00:28:48,320
leading universities around the country

827
00:28:52,710 --> 00:28:50,080
harvard had a prominent program

828
00:28:54,789 --> 00:28:52,720
northwestern had a prominent program

829
00:28:56,310 --> 00:28:54,799
and many others but the ones that you

830
00:28:58,630 --> 00:28:56,320
know a lot of people in the

831
00:29:00,549 --> 00:28:58,640
in our community like to point to is

832
00:29:01,590 --> 00:29:00,559
what went on at stanford research

833
00:29:03,430 --> 00:29:01,600
institute

834
00:29:05,190 --> 00:29:03,440
and the program stargate and a lot of

835
00:29:08,070 --> 00:29:05,200
people like to kind of

836
00:29:09,430 --> 00:29:08,080
carve stargate out of mk ultra because

837
00:29:12,789 --> 00:29:09,440
mk ultra was so

838
00:29:14,389 --> 00:29:12,799

incredibly uh just evil you know in

839

00:29:16,230 --> 00:29:14,399

terms of what they did and the mind

840

00:29:18,710 --> 00:29:16,240

control they did on people and

841

00:29:20,230 --> 00:29:18,720

without consent to prisoners and

842

00:29:23,830 --> 00:29:20,240

unsuspecting people

843

00:29:26,149 --> 00:29:23,840

but let's be clear stargate was

844

00:29:27,990 --> 00:29:26,159

under mk ultra and when you listen to

845

00:29:30,950 --> 00:29:28,000

russell targ and hal put off

846

00:29:31,510 --> 00:29:30,960

the two principal investigators they say

847

00:29:34,149 --> 00:29:31,520

yeah

848

00:29:36,310 --> 00:29:34,159

so when sydney came sydney was our boss

849

00:29:39,190 --> 00:29:36,320

that is sydney gottlieb the

850

00:29:39,990 --> 00:29:39,200

us's mengele you know who ran the mk

851
00:29:43,029 --> 00:29:40,000
ultra program

852
00:29:44,310 --> 00:29:43,039
and was well known for uh poisoning you

853
00:29:46,389 --> 00:29:44,320
know is the go-to guy

854
00:29:48,310 --> 00:29:46,399
and administering poison like if you're

855
00:29:48,950 --> 00:29:48,320
going to try and get castro and stuff

856
00:29:50,630 --> 00:29:48,960
like that

857
00:29:52,870 --> 00:29:50,640
all this stuff is in the record but

858
00:29:55,909 --> 00:29:52,880
certainly people like to carve out

859
00:29:58,710 --> 00:29:55,919
uh stargate the remote viewing program

860
00:29:59,909 --> 00:29:58,720
as it's somehow different and it's it is

861
00:30:03,430 --> 00:29:59,919
but it's not

862
00:30:06,710 --> 00:30:03,440
but the point of all that is that

863
00:30:09,590 --> 00:30:06,720

you know hal put off and russell targ

864

00:30:10,870 --> 00:30:09,600

who are world-class scientists in their

865

00:30:13,029 --> 00:30:10,880

own right materialist

866

00:30:15,190 --> 00:30:13,039

scientists if you want to call it that

867

00:30:16,909 --> 00:30:15,200

they weren't wringing their hands over

868

00:30:19,990 --> 00:30:16,919

these questions of

869

00:30:22,630 --> 00:30:20,000

materialism they were so far past

870

00:30:25,029 --> 00:30:22,640

that they had just they assumed that all

871

00:30:26,870 --> 00:30:25,039

that is total

872

00:30:28,630 --> 00:30:26,880

and they went on and all the science

873

00:30:30,870 --> 00:30:28,640

that was done in connection with that

874

00:30:32,149 --> 00:30:30,880

and when you look at all the the real

875

00:30:34,870 --> 00:30:32,159

kind of

876

00:30:36,630 --> 00:30:34,880

deep deep state science that goes on

877

00:30:38,389 --> 00:30:36,640

whether it's ufos or whether it's

878

00:30:42,149 --> 00:30:38,399

stargate or mk ultra

879

00:30:45,190 --> 00:30:42,159

none of that stuff they're way past

880

00:30:47,590 --> 00:30:45,200

materialism so the idea that that

881

00:30:49,029 --> 00:30:47,600

you know gee golly gee you know if we

882

00:30:52,230 --> 00:30:49,039

could just convince

883

00:30:54,470 --> 00:30:52,240

you know uh neil degrasse tyson

884

00:30:55,510 --> 00:30:54,480

who by the way you know you said you saw

885

00:30:57,909 --> 00:30:55,520

the interview with

886

00:30:58,710 --> 00:30:57,919

uh bernardo castro where we got a good

887

00:31:01,190 --> 00:30:58,720

chuckle

888

00:31:03,029 --> 00:31:01,200

on you know neil degrasse tyson who is

889

00:31:04,870 --> 00:31:03,039

kind of one of the most public figures

890

00:31:07,990 --> 00:31:04,880

in science in the u.s

891

00:31:09,669 --> 00:31:08,000

saying yeah you know consciousness i i

892

00:31:12,230 --> 00:31:09,679

think we're going to find it's nothing

893

00:31:14,149 --> 00:31:12,240

which it's just absurdity i don't think

894

00:31:17,430 --> 00:31:14,159

it holds up to

895

00:31:20,230 --> 00:31:17,440

to reasonably assume that they

896

00:31:21,190 --> 00:31:20,240

are coming to that position logically

897

00:31:22,950 --> 00:31:21,200

and rationally

898

00:31:25,110 --> 00:31:22,960

it just doesn't it doesn't hold up to

899

00:31:27,190 --> 00:31:25,120

that in my opinion

900

00:31:28,310 --> 00:31:27,200

yeah i mean you're talking about uh

901
00:31:30,389 --> 00:31:28,320
specific programs

902
00:31:32,310 --> 00:31:30,399
some of which were quite a long time ago

903
00:31:33,750 --> 00:31:32,320
um i mean i think there's the 70s was

904
00:31:34,870 --> 00:31:33,760
kind of like a slightly different era

905
00:31:36,630 --> 00:31:34,880
because

906
00:31:38,789 --> 00:31:36,640
certainly in the late 60s there was this

907
00:31:40,389 --> 00:31:38,799
wave of experimentation with

908
00:31:41,669 --> 00:31:40,399
psychedelics there was a wave of

909
00:31:42,710 --> 00:31:41,679
interest in consciousness and

910
00:31:45,269 --> 00:31:42,720
spirituality

911
00:31:46,149 --> 00:31:45,279
and that kind of permeated into science

912
00:31:47,430 --> 00:31:46,159
as well

913
00:31:49,669 --> 00:31:47,440

it was kind of like a little kind of

914

00:31:51,350 --> 00:31:49,679

blip in the history of materialism when

915

00:31:52,710 --> 00:31:51,360

when science became a little bit

916

00:31:55,190 --> 00:31:52,720

less materialistic because of that

917

00:31:57,269 --> 00:31:55,200

influence but i think after that i think

918

00:31:59,110 --> 00:31:57,279

i mean i'm in the uk so i can maybe

919

00:32:01,029 --> 00:31:59,120

speak most clearly about the uk

920

00:32:02,470 --> 00:32:01,039

i mean why when i was in education in

921

00:32:03,909 --> 00:32:02,480

the 70s and 80s

922

00:32:05,190 --> 00:32:03,919

it was pure materialism you know the

923

00:32:06,230 --> 00:32:05,200

whole education system was pure

924

00:32:09,590 --> 00:32:06,240

materialism

925

00:32:11,909 --> 00:32:09,600

was kind of in the air there was

926
00:32:13,430 --> 00:32:11,919
you know this materialism was in the air

927
00:32:14,870 --> 00:32:13,440
and everybody just sort of breathed it

928
00:32:16,389 --> 00:32:14,880
in without realizing

929
00:32:18,070 --> 00:32:16,399
even me you know i remember when i was

930
00:32:19,669 --> 00:32:18,080
um 18

931
00:32:21,830 --> 00:32:19,679
i went to i saw an advocate for

932
00:32:23,669 --> 00:32:21,840
meditation class at a local library

933
00:32:25,430 --> 00:32:23,679
and i went along with my friend i

934
00:32:27,590 --> 00:32:25,440
remember the teacher saying

935
00:32:29,029 --> 00:32:27,600
um you are not your mind you are not

936
00:32:29,269 --> 00:32:29,039
your brain you are your consciousness

937
00:32:32,470 --> 00:32:29,279
and

938
00:32:34,549 --> 00:32:32,480

i thought

939

00:32:35,990 --> 00:32:34,559

what the hell is he talking about what's

940

00:32:38,310 --> 00:32:36,000

this thing called consciousness

941

00:32:39,669 --> 00:32:38,320

i assumed because of my education that i

942

00:32:41,029 --> 00:32:39,679

was just a brain

943

00:32:43,350 --> 00:32:41,039

that my thoughts were just the products

944

00:32:45,430 --> 00:32:43,360

of brain of the brain i assumed that was

945

00:32:47,990 --> 00:32:45,440

nothing more than physical matter

946

00:32:48,870 --> 00:32:48,000

so you know it just shows you how deeply

947

00:32:52,230 --> 00:32:48,880

ingrained

948

00:32:55,590 --> 00:32:52,240

the materialist paradigm is um

949

00:32:57,269 --> 00:32:55,600

and also um you know

950

00:32:58,789 --> 00:32:57,279

it's it's in the media you know the the

951
00:33:00,389 --> 00:32:58,799
serious mainstream media

952
00:33:02,549 --> 00:33:00,399
in the uk and i think in the us2 is

953
00:33:04,230 --> 00:33:02,559
totally imbued with materialism

954
00:33:06,630 --> 00:33:04,240
you know sometimes some of the popular

955
00:33:08,630 --> 00:33:06,640
newspapers have stories about ndes

956
00:33:09,669 --> 00:33:08,640
or about side phenomena but kind of the

957
00:33:12,230 --> 00:33:09,679
serious media

958
00:33:14,310 --> 00:33:12,240
is totally materialistic so what i'm

959
00:33:15,750 --> 00:33:14,320
saying is it's not just a few scientists

960
00:33:16,549 --> 00:33:15,760
it's the whole kind of atmosphere of our

961
00:33:19,990 --> 00:33:16,559
culture

962
00:33:22,549 --> 00:33:20,000
that you know breathes um materialism

963
00:33:24,710 --> 00:33:22,559

into our beings

964

00:33:26,710 --> 00:33:24,720

i guess what i'm saying steve is and i

965

00:33:29,110 --> 00:33:26,720

wanted you to respond to

966

00:33:30,630 --> 00:33:29,120

it's been my conclusion and it took me a

967

00:33:32,870 --> 00:33:30,640

long time coming

968

00:33:35,350 --> 00:33:32,880

100 interviews where i was kind of

969

00:33:37,269 --> 00:33:35,360

banging on that door in the same way gee

970

00:33:39,909 --> 00:33:37,279

why are these skeptics why can't they

971

00:33:42,549 --> 00:33:39,919

just see here's more

972

00:33:44,789 --> 00:33:42,559

undeniable evidence here's dean rayden

973

00:33:46,710 --> 00:33:44,799

with a six sigma result with

974

00:33:48,230 --> 00:33:46,720

experiments that have been replicated in

975

00:33:50,470 --> 00:33:48,240

labs across the world

976
00:33:52,230 --> 00:33:50,480
why why why won't they believe why do

977
00:33:56,230 --> 00:33:52,240
they believe weird things

978
00:33:59,110 --> 00:33:56,240
and it was only when i started looking

979
00:34:01,590 --> 00:33:59,120
at the possibility that that it is a

980
00:34:04,870 --> 00:34:01,600
social engineering project

981
00:34:05,590 --> 00:34:04,880
that it is intentionally designed that

982
00:34:09,030 --> 00:34:05,600
way

983
00:34:12,069 --> 00:34:09,040
to prevent us or to limit us

984
00:34:15,430 --> 00:34:12,079
from opening up to a large reality

985
00:34:17,750 --> 00:34:15,440
of our extended consciousness potential

986
00:34:19,750 --> 00:34:17,760
and you know if you really follow the

987
00:34:21,909 --> 00:34:19,760
the logic of that it's kind of similar

988
00:34:23,750 --> 00:34:21,919

to the logic of neo-darwinism

989

00:34:26,149 --> 00:34:23,760

it's like people are a lot easier to

990

00:34:27,589 --> 00:34:26,159

control if they believe that their life

991

00:34:29,270 --> 00:34:27,599

is meaningless

992

00:34:31,109 --> 00:34:29,280

if they believe that they're just

993

00:34:33,909 --> 00:34:31,119

biological robots

994

00:34:35,349 --> 00:34:33,919

it's it's a better control strategy so

995

00:34:38,710 --> 00:34:35,359

why wouldn't you do that

996

00:34:39,990 --> 00:34:38,720

so that is my hypothesis but i or that's

997

00:34:42,149 --> 00:34:40,000

my position

998

00:34:43,349 --> 00:34:42,159

but i'm backing it up over and over

999

00:34:45,750 --> 00:34:43,359

again to you

1000

00:34:46,950 --> 00:34:45,760

with evidence stargate clearly shows

1001

00:34:50,230 --> 00:34:46,960

that there's this

1002

00:34:52,069 --> 00:34:50,240

invisible college going on it's a joke

1003

00:34:53,430 --> 00:34:52,079

no one who's really on the inside

1004

00:34:55,669 --> 00:34:53,440

believes this

1005

00:34:57,270 --> 00:34:55,679

yet they perpetuate it on the outside

1006

00:34:58,710 --> 00:34:57,280

science media

1007

00:35:01,349 --> 00:34:58,720

you know that's the other thing on this

1008

00:35:02,630 --> 00:35:01,359

show again i banged my head against the

1009

00:35:04,470 --> 00:35:02,640

wall for years with

1010

00:35:05,829 --> 00:35:04,480

why is this near-death experience

1011

00:35:07,829 --> 00:35:05,839

research

1012

00:35:09,910 --> 00:35:07,839

when it's published with inside the near

1013

00:35:11,829 --> 00:35:09,920

fest experience community

1014

00:35:13,510 --> 00:35:11,839

and it's peer-reviewed and it's in the

1015

00:35:15,510 --> 00:35:13,520

lancet and it's in

1016

00:35:16,630 --> 00:35:15,520

you know it's done by medical

1017

00:35:18,470 --> 00:35:16,640

professionals

1018

00:35:21,190 --> 00:35:18,480

why does it come through the science

1019

00:35:24,550 --> 00:35:21,200

media completely

1020

00:35:26,870 --> 00:35:24,560

all skeptical you know why

1021

00:35:27,670 --> 00:35:26,880

this is all you know not real kind of

1022

00:35:31,829 --> 00:35:27,680

stuff

1023

00:35:33,270 --> 00:35:31,839

it's orchestrated it's done on purpose

1024

00:35:34,950 --> 00:35:33,280

i i just think that's the nature of

1025

00:35:37,349 --> 00:35:34,960

fundamentalism you know

1026

00:35:38,550 --> 00:35:37,359

galileo tried to persuade his peers to

1027

00:35:39,990 --> 00:35:38,560

look through the telescope

1028

00:35:41,030 --> 00:35:40,000

but none of them would take a look

1029

00:35:42,230 --> 00:35:41,040

because they knew it would threaten

1030

00:35:44,150 --> 00:35:42,240

their belief system

1031

00:35:45,990 --> 00:35:44,160

i think once you have a belief system

1032

00:35:48,870 --> 00:35:46,000

that explains reality

1033

00:35:50,069 --> 00:35:48,880

in a simple and apparently clear way

1034

00:35:52,150 --> 00:35:50,079

then it's very important for your

1035

00:35:53,190 --> 00:35:52,160

identity it gives you a sense of control

1036

00:35:54,790 --> 00:35:53,200

over the world

1037

00:35:56,230 --> 00:35:54,800

it gives you a sense of understanding a

1038

00:35:58,069 --> 00:35:56,240

sense of identity

1039

00:35:59,910 --> 00:35:58,079

overall so you don't want to let go of

1040

00:36:01,190 --> 00:35:59,920

that you know things like ndes and side

1041

00:36:03,589 --> 00:36:01,200

phenomena they threaten

1042

00:36:05,510 --> 00:36:03,599

people's worldviews and therefore they

1043

00:36:07,030 --> 00:36:05,520

threaten people's sense of identity

1044

00:36:09,030 --> 00:36:07,040

and they threaten their sense of control

1045

00:36:11,349 --> 00:36:09,040

over the world i think modern science is

1046

00:36:13,109 --> 00:36:11,359

a bit like a colonizing enterprise

1047

00:36:14,870 --> 00:36:13,119

and once you've colonized the world you

1048

00:36:16,069 --> 00:36:14,880

have a sense of control over it

1049

00:36:17,990 --> 00:36:16,079

and you know what you don't let go of

1050

00:36:20,310 --> 00:36:18,000

that control it's very powerful

1051
00:36:21,510 --> 00:36:20,320
so you know these fundamental scientists

1052
00:36:22,630 --> 00:36:21,520
they react just like religious

1053
00:36:24,950 --> 00:36:22,640
fundamentalists

1054
00:36:25,829 --> 00:36:24,960
they won't consider any information

1055
00:36:28,390 --> 00:36:25,839
which um

1056
00:36:29,510 --> 00:36:28,400
you know which damages their worldview

1057
00:36:31,589 --> 00:36:29,520
because it would that would damage their

1058
00:36:35,109 --> 00:36:31,599
sense of identity

1059
00:36:36,550 --> 00:36:35,119
i think it's simple well i i don't think

1060
00:36:38,790 --> 00:36:36,560
it's as simple as that

1061
00:36:41,190 --> 00:36:38,800
and i keep giving you i keep piling on

1062
00:36:42,630 --> 00:36:41,200
the evidence you know clearly

1063
00:36:45,349 --> 00:36:42,640

give me some evidence give me some more

1064

00:36:47,430 --> 00:36:45,359

evidence stargate for example

1065

00:36:48,710 --> 00:36:47,440

so sorry stargate well for example who

1066

00:36:50,470 --> 00:36:48,720

who is doing the controlling

1067

00:36:52,950 --> 00:36:50,480

who are the people who are controlling

1068

00:36:54,790 --> 00:36:52,960

us you jumped questions you jumped

1069

00:36:55,910 --> 00:36:54,800

issues first you wanted of course you

1070

00:36:57,990 --> 00:36:55,920

wanted evidence

1071

00:36:59,349 --> 00:36:58,000

so because here you know the other point

1072

00:37:00,230 --> 00:36:59,359

of evidence and people who listen to the

1073

00:37:02,870 --> 00:37:00,240

show all the time are

1074

00:37:03,750 --> 00:37:02,880

absolutely sick and tired of this story

1075

00:37:04,790 --> 00:37:03,760

but i don't care

1076

00:37:06,150 --> 00:37:04,800

gotta repeat it because you haven't

1077

00:37:07,589 --> 00:37:06,160

heard it because i threw it out there

1078

00:37:08,310 --> 00:37:07,599

and you i'm not interested in that not

1079

00:37:10,870 --> 00:37:08,320

interested in that

1080

00:37:11,990 --> 00:37:10,880

so gloria steinem the story about gloria

1081

00:37:13,109 --> 00:37:12,000

stem i'll make it really quick because

1082

00:37:13,670 --> 00:37:13,119

the audience has heard this so many

1083

00:37:15,910 --> 00:37:13,680

times

1084

00:37:17,430 --> 00:37:15,920

you know the number one person

1085

00:37:19,750 --> 00:37:17,440

identified with the women's movement in

1086

00:37:21,589 --> 00:37:19,760

the u.s and probably in the world

1087

00:37:22,790 --> 00:37:21,599

and you know we come to find out that

1088

00:37:25,030 --> 00:37:22,800

she's cia

1089

00:37:26,790 --> 00:37:25,040

and she's not cia like she started the

1090

00:37:27,589 --> 00:37:26,800

women's movement and then the cia got in

1091

00:37:29,910 --> 00:37:27,599

there to

1092

00:37:30,630 --> 00:37:29,920

kind of rig no she's cia from the

1093

00:37:32,950 --> 00:37:30,640

beginning

1094

00:37:36,230 --> 00:37:32,960

she went to they picked her up from high

1095

00:37:38,310 --> 00:37:36,240

school they sent her to college on a cia

1096

00:37:40,150 --> 00:37:38,320

fellowship that never existed before or

1097

00:37:42,630 --> 00:37:40,160

after she started doing

1098

00:37:43,750 --> 00:37:42,640

you know to counter the silv the soviet

1099

00:37:45,589 --> 00:37:43,760

uh uh

1100

00:37:47,430 --> 00:37:45,599

student movement she was assigned to go

1101

00:37:48,790 --> 00:37:47,440

do that she did that she has all these

1102

00:37:49,990 --> 00:37:48,800

and you could read all this you could

1103

00:37:52,310 --> 00:37:50,000

listen to her in her

1104

00:37:54,150 --> 00:37:52,320

own words say yeah i work with the cia

1105

00:37:55,670 --> 00:37:54,160

but you know they're really not so bad

1106

00:37:58,310 --> 00:37:55,680

and then you find the real story

1107

00:37:58,790 --> 00:37:58,320

as you find her bosses saying hey she's

1108

00:38:01,349 --> 00:37:58,800

great

1109

00:38:03,030 --> 00:38:01,359

so the question there you know and the

1110

00:38:04,550 --> 00:38:03,040

latest pushback i always get from that

1111

00:38:05,190 --> 00:38:04,560

is but wasn't the woman's movement a

1112

00:38:08,550 --> 00:38:05,200

good deal

1113

00:38:11,510 --> 00:38:08,560

a good idea i'm like yeah we needed

1114

00:38:12,870 --> 00:38:11,520

we needed social change we we we were in

1115

00:38:14,470 --> 00:38:12,880

a very very

1116

00:38:16,950 --> 00:38:14,480

backward way in terms of how we looked

1117

00:38:18,150 --> 00:38:16,960

at women but what the is the cia

1118

00:38:21,750 --> 00:38:18,160

doing

1119

00:38:24,069 --> 00:38:21,760

managing socially engineering

1120

00:38:24,950 --> 00:38:24,079

what our beliefs what our social beliefs

1121

00:38:26,790 --> 00:38:24,960

are so

1122

00:38:28,790 --> 00:38:26,800

you just start from that data point and

1123

00:38:30,470 --> 00:38:28,800

then you just there's so many data

1124

00:38:32,150 --> 00:38:30,480

points like that i mentioned the doors

1125

00:38:35,910 --> 00:38:32,160

to you we can get into that you know

1126

00:38:37,589 --> 00:38:35,920

jim morrison who shows up hey great

1127

00:38:39,910 --> 00:38:37,599

jim morrison you've just never

1128

00:38:41,430 --> 00:38:39,920

investigated it jim morrison

1129

00:38:43,510 --> 00:38:41,440

shows up and first of all do you know

1130

00:38:45,109 --> 00:38:43,520

who jim morrison's dad is

1131

00:38:47,190 --> 00:38:45,119

i know he was an admiral in the navy

1132

00:38:49,030 --> 00:38:47,200

wasn't he he was there was it wasn't he

1133

00:38:50,470 --> 00:38:49,040

the guy on the boat in the gulf of

1134

00:38:52,390 --> 00:38:50,480

tonkin

1135

00:38:54,950 --> 00:38:52,400

maybe i don't know about that yeah he

1136

00:38:57,589 --> 00:38:54,960

was so the gulf of tonkin which is

1137

00:39:01,030 --> 00:38:57,599

the famous false flag admitted false

1138

00:39:03,829 --> 00:39:01,040

flag operation that starts vietnam

1139

00:39:05,829 --> 00:39:03,839

his dad is is that guy and then if you

1140

00:39:08,390 --> 00:39:05,839

look at jim morrison he shows up in

1141

00:39:09,910 --> 00:39:08,400

laurel canyon which you know

1142

00:39:12,390 --> 00:39:09,920

mcgowan's done the whole thing of

1143

00:39:14,630 --> 00:39:12,400

exposing that but the thing that just

1144

00:39:15,430 --> 00:39:14,640

super high level that people just need

1145

00:39:18,630 --> 00:39:15,440

to know is

1146

00:39:22,230 --> 00:39:18,640

this guy you're you're a music guy

1147

00:39:26,069 --> 00:39:22,240

imagine this he cannot read

1148

00:39:28,550 --> 00:39:26,079

or write music he cannot play

1149

00:39:30,150 --> 00:39:28,560

a musical instrument but we are to

1150

00:39:33,589 --> 00:39:30,160

believe that he showed up

1151
00:39:36,870 --> 00:39:33,599
at day one he had all the songs written

1152
00:39:37,990 --> 00:39:36,880
right which again it is very curious you

1153
00:39:40,790 --> 00:39:38,000
know how he would

1154
00:39:43,190 --> 00:39:40,800
show up he's kind of propped up as this

1155
00:39:44,230 --> 00:39:43,200
guy put forth fantastic performer and

1156
00:39:47,109 --> 00:39:44,240
all the rest of that

1157
00:39:48,550 --> 00:39:47,119
but can't play a musical instrument

1158
00:39:50,950 --> 00:39:48,560
can't read or write music

1159
00:39:52,550 --> 00:39:50,960
and yet wrote all these songs not just

1160
00:39:53,589 --> 00:39:52,560
the lyrics to the songs wrote the

1161
00:39:55,589 --> 00:39:53,599
freaking songs

1162
00:39:56,710 --> 00:39:55,599
that is not to be believed that is

1163
00:39:58,470 --> 00:39:56,720

social that

1164

00:40:00,069 --> 00:39:58,480

is another case of socialism as a

1165

00:40:02,230 --> 00:40:00,079

musician i'm a musician

1166

00:40:04,309 --> 00:40:02,240

i'm not sure about that because a lot of

1167

00:40:06,710 --> 00:40:04,319

musicians hear songs in the head

1168

00:40:08,309 --> 00:40:06,720

and they don't hear the chords

1169

00:40:09,510 --> 00:40:08,319

necessarily but they hear the melody in

1170

00:40:10,710 --> 00:40:09,520

their heads

1171

00:40:12,150 --> 00:40:10,720

and you know that can happen to people

1172

00:40:12,710 --> 00:40:12,160

who are not who don't play musical

1173

00:40:13,829 --> 00:40:12,720

instruments

1174

00:40:15,589 --> 00:40:13,839

i think that's what what happened with

1175

00:40:17,510 --> 00:40:15,599

jim morrison he heard the basic melodies

1176

00:40:19,670 --> 00:40:17,520

and the words in his head

1177

00:40:21,270 --> 00:40:19,680

and he took them isn't it more likely

1178

00:40:26,710 --> 00:40:21,280

that it's fake

1179

00:40:28,550 --> 00:40:26,720

well why would you know why would he be

1180

00:40:31,390 --> 00:40:28,560

brought into laurel canyon then

1181

00:40:33,190 --> 00:40:31,400

why would he be i mean he was a he was a

1182

00:40:34,950 --> 00:40:33,200

representative you know he wasn't a part

1183

00:40:36,950 --> 00:40:34,960

of the system you know he was a

1184

00:40:38,790 --> 00:40:36,960

a rebel he tried to undermine the whole

1185

00:40:40,550 --> 00:40:38,800

system oh

1186

00:40:42,230 --> 00:40:40,560

see you're kind of creeping towards it

1187

00:40:44,470 --> 00:40:42,240

steve you ever heard of controlled

1188

00:40:46,390 --> 00:40:44,480

opposition

1189

00:40:48,069 --> 00:40:46,400

why was gloria steinem why was gloria

1190

00:40:49,109 --> 00:40:48,079

stein so you go back to the gloria

1191

00:40:50,790 --> 00:40:49,119

steinem story right

1192

00:40:52,390 --> 00:40:50,800

that's all true right you can verify

1193

00:40:53,829 --> 00:40:52,400

that if you want we can pause the video

1194

00:40:57,990 --> 00:40:53,839

and you can go watch the video of her

1195

00:40:59,270 --> 00:40:58,000

saying that why did the cia do that

1196

00:41:01,109 --> 00:40:59,280

because they wanted to infiltrate the

1197

00:41:03,109 --> 00:41:01,119

women's movement presumably

1198

00:41:04,950 --> 00:41:03,119

no they it's not infiltrate right

1199

00:41:06,069 --> 00:41:04,960

because it's not like the women's

1200

00:41:08,790 --> 00:41:06,079

movement

1201
00:41:10,230 --> 00:41:08,800
gloria starringham started her own thing

1202
00:41:13,750 --> 00:41:10,240
under cia direction

1203
00:41:14,790 --> 00:41:13,760
right yeah which well i mean she's just

1204
00:41:16,630 --> 00:41:14,800
one example i mean the women's

1205
00:41:17,270 --> 00:41:16,640
movement's been underway since the 18th

1206
00:41:20,309 --> 00:41:17,280
century

1207
00:41:23,109 --> 00:41:20,319
you know i mean so why is the cia

1208
00:41:25,589 --> 00:41:23,119
why is the cia who is number one gloria

1209
00:41:29,510 --> 00:41:25,599
steinem who's behind gloria steinem cia

1210
00:41:30,710 --> 00:41:29,520
why i don't know i think maybe they did

1211
00:41:31,910 --> 00:41:30,720
just want to infiltrate the movement i

1212
00:41:33,190 --> 00:41:31,920
think there were lots of other prominent

1213
00:41:34,630 --> 00:41:33,200

figures in the women's movement and they

1214

00:41:35,190 --> 00:41:34,640

wanted to get you know see what was

1215

00:41:39,910 --> 00:41:35,200

going on

1216

00:41:43,270 --> 00:41:39,920

maybe they wanted to direct it

1217

00:41:45,349 --> 00:41:43,280

and control it if you were in charge

1218

00:41:47,190 --> 00:41:45,359

of the world and somebody has to be in

1219

00:41:50,790 --> 00:41:47,200

charge would you have an

1220

00:41:53,270 --> 00:41:50,800

interest in kind of influencing the way

1221

00:41:57,030 --> 00:41:53,280

things went

1222

00:41:59,589 --> 00:41:57,040

presumably yeah so

1223

00:42:02,069 --> 00:41:59,599

the explanation is no more than that so

1224

00:42:03,589 --> 00:42:02,079

you know you see a movement going on

1225

00:42:04,870 --> 00:42:03,599

and you want to get in front of it you

1226
00:42:05,990 --> 00:42:04,880
want to make sure that you have the

1227
00:42:09,270 --> 00:42:06,000
ability

1228
00:42:11,349 --> 00:42:09,280
to influence it and control it so

1229
00:42:12,630 --> 00:42:11,359
you see the 60s and you see the music

1230
00:42:15,829 --> 00:42:12,640
scene you see these

1231
00:42:16,390 --> 00:42:15,839
students and you know you don't want a

1232
00:42:19,750 --> 00:42:16,400
thousand

1233
00:42:21,190 --> 00:42:19,760
kent states so you know what what do you

1234
00:42:23,910 --> 00:42:21,200
want you want to have

1235
00:42:24,470 --> 00:42:23,920
a foot in the door there so you know you

1236
00:42:26,870 --> 00:42:24,480
invent

1237
00:42:27,750 --> 00:42:26,880
this stuff and the same thing with with

1238
00:42:29,109 --> 00:42:27,760

gloria steinem

1239

00:42:31,510 --> 00:42:29,119

but all that you know as all this

1240

00:42:35,190 --> 00:42:31,520

relates to your book it's that

1241

00:42:38,309 --> 00:42:35,200

social engineering is always in play

1242

00:42:40,710 --> 00:42:38,319

so my conclusion from

1243

00:42:42,309 --> 00:42:40,720

again the mk ultra stuff and the

1244

00:42:44,630 --> 00:42:42,319

stargate stuff is

1245

00:42:46,470 --> 00:42:44,640

they're hitting you in the face with

1246

00:42:49,670 --> 00:42:46,480

invisible college

1247

00:42:50,630 --> 00:42:49,680

and you have to make the leap to social

1248

00:42:53,270 --> 00:42:50,640

engineering

1249

00:42:54,230 --> 00:42:53,280

but if you so that's our we're going to

1250

00:42:55,990 --> 00:42:54,240

debate this

1251
00:42:58,710 --> 00:42:56,000
you know because that's my debate my

1252
00:43:02,270 --> 00:42:58,720
debate is my point is you got your book

1253
00:43:03,750 --> 00:43:02,280
wrong it's not that science needs

1254
00:43:07,349 --> 00:43:03,760
spirituality

1255
00:43:11,190 --> 00:43:07,359
science is doing everything it can

1256
00:43:13,589 --> 00:43:11,200
to keep from spirituality

1257
00:43:15,190 --> 00:43:13,599
infiltrating where they're trying to go

1258
00:43:16,630 --> 00:43:15,200
they've done a pretty damn good job

1259
00:43:20,390 --> 00:43:16,640
because like you alluded to

1260
00:43:22,390 --> 00:43:20,400
a hundred years ago niels bohr and max

1261
00:43:24,550 --> 00:43:22,400
planck and everybody at schrodinger they

1262
00:43:27,190 --> 00:43:24,560
all said consciousness is fundamental

1263
00:43:28,550 --> 00:43:27,200

i mean we knew that for a hundred years

1264

00:43:31,190 --> 00:43:28,560

yeah

1265

00:43:32,950 --> 00:43:31,200

but i mean materialism really began in

1266

00:43:35,750 --> 00:43:32,960

towards the end of the 19th century

1267

00:43:36,470 --> 00:43:35,760

after darwin's theory of evolution once

1268

00:43:38,390 --> 00:43:36,480

the religious

1269

00:43:39,510 --> 00:43:38,400

worldview no longer seemed valid or

1270

00:43:41,270 --> 00:43:39,520

viable

1271

00:43:43,270 --> 00:43:41,280

so scientists began to realize that they

1272

00:43:44,870 --> 00:43:43,280

could not just scientists but kind of

1273

00:43:47,109 --> 00:43:44,880

intellectuals began to realize that they

1274

00:43:49,190 --> 00:43:47,119

could explain the world

1275

00:43:50,950 --> 00:43:49,200

and they could explain human behavior in

1276

00:43:52,870 --> 00:43:50,960

purely physicalist terms

1277

00:43:54,150 --> 00:43:52,880

so they didn't need any supernatural

1278

00:43:54,950 --> 00:43:54,160

explanations they didn't need any

1279

00:43:56,950 --> 00:43:54,960

biblical

1280

00:43:58,630 --> 00:43:56,960

or mythical explanations of the world

1281

00:44:00,550 --> 00:43:58,640

but it was a gradual process i mean

1282

00:44:02,710 --> 00:44:00,560

i think materialism really began to take

1283

00:44:04,069 --> 00:44:02,720

hold after the first world war

1284

00:44:06,550 --> 00:44:04,079

maybe it's because of the sheer

1285

00:44:07,990 --> 00:44:06,560

destruction and damage of the

1286

00:44:09,589 --> 00:44:08,000

of the first world war people didn't

1287

00:44:11,430 --> 00:44:09,599

believe in god anymore

1288

00:44:13,270 --> 00:44:11,440

and there was kind of an impulse to to

1289

00:44:15,829 --> 00:44:13,280

make things simple to simplify things

1290

00:44:17,589 --> 00:44:15,839

take things down to their basic essence

1291

00:44:20,470 --> 00:44:17,599

so you had like trends like behaviorism

1292

00:44:23,270 --> 00:44:20,480

in psychology which disregarded

1293

00:44:24,150 --> 00:44:23,280

human experience and human consciousness

1294

00:44:26,470 --> 00:44:24,160

you had the

1295

00:44:27,990 --> 00:44:26,480

the school of logical positivism in

1296

00:44:29,750 --> 00:44:28,000

philosophy which did a similar thing

1297

00:44:32,950 --> 00:44:29,760

which kind of just disregarded

1298

00:44:33,510 --> 00:44:32,960

any metaphysical questions so what i'm

1299

00:44:35,190 --> 00:44:33,520

saying this

1300

00:44:37,430 --> 00:44:35,200

is that you can sort of trace

1301

00:44:38,790 --> 00:44:37,440

materialism to historical factors

1302

00:44:40,950 --> 00:44:38,800

cultural factors

1303

00:44:43,190 --> 00:44:40,960

which are not necessarily linked to you

1304

00:44:44,550 --> 00:44:43,200

know the social engineering process

1305

00:44:46,230 --> 00:44:44,560

i mean you could you could say i mean do

1306

00:44:48,470 --> 00:44:46,240

you think that the the 19th century

1307

00:44:50,390 --> 00:44:48,480

victorians who initiated materialism

1308

00:44:53,270 --> 00:44:50,400

were part of some was that the beginning

1309

00:44:55,910 --> 00:44:53,280

of a social engineering project

1310

00:44:56,950 --> 00:44:55,920

no i mean i think the one thing i think

1311

00:45:01,109 --> 00:44:56,960

that uh

1312

00:45:01,589 --> 00:45:01,119

this is always in play and it's in play

1313

00:45:04,950 --> 00:45:01,599

to

1314

00:45:06,950 --> 00:45:04,960

a lesser degree and it's different

1315

00:45:08,710 --> 00:45:06,960

at different times i think it's

1316

00:45:11,349 --> 00:45:08,720

completely wrong to

1317

00:45:13,510 --> 00:45:11,359

interpret it as some smooth line that

1318

00:45:16,950 --> 00:45:13,520

always moves in one direction

1319

00:45:18,550 --> 00:45:16,960

but yeah so i get you in the church

1320

00:45:21,510 --> 00:45:18,560

thing you know the whole church thing

1321

00:45:23,190 --> 00:45:21,520

you you cannot exclude that from another

1322

00:45:24,550 --> 00:45:23,200

way of controlling

1323

00:45:26,230 --> 00:45:24,560

you know if you just look at the at the

1324

00:45:29,030 --> 00:45:26,240

super high level

1325

00:45:32,230 --> 00:45:29,040

right people are having spiritually

1326

00:45:34,870 --> 00:45:32,240

transformative experiences like you'd

1327

00:45:35,990 --> 00:45:34,880

document so wonderfully in some of your

1328

00:45:39,270 --> 00:45:36,000

books

1329

00:45:41,430 --> 00:45:39,280

and then what is the role of religion

1330

00:45:42,790 --> 00:45:41,440

well it's to serve as uh immediately

1331

00:45:44,390 --> 00:45:42,800

jump in there and be the intermediary

1332

00:45:46,150 --> 00:45:44,400

and say hey wait steve

1333

00:45:47,990 --> 00:45:46,160

let me tell you let me tell you how to

1334

00:45:49,589 --> 00:45:48,000

interpret that because i don't want you

1335

00:45:51,829 --> 00:45:49,599

going on your own and

1336

00:45:53,270 --> 00:45:51,839

figuring out what that means i'll tell

1337

00:45:56,550 --> 00:45:53,280

you and you know

1338

00:45:58,309 --> 00:45:56,560

pay me money pray to god be afraid

1339

00:46:00,150 --> 00:45:58,319

let me make you really afraid of death

1340

00:46:01,910 --> 00:46:00,160

let me make you really guilty

1341

00:46:03,349 --> 00:46:01,920

and all these other things i mean that's

1342

00:46:06,309 --> 00:46:03,359

another

1343

00:46:07,670 --> 00:46:06,319

control matrix kind of thing yeah and

1344

00:46:09,430 --> 00:46:07,680

you know that science does the same of

1345

00:46:10,950 --> 00:46:09,440

course so science says so you know

1346

00:46:12,550 --> 00:46:10,960

mainstream psychiatry says you know

1347

00:46:14,790 --> 00:46:12,560

these are not spiritual experiences

1348

00:46:16,470 --> 00:46:14,800

these are pathological experiences these

1349

00:46:17,349 --> 00:46:16,480

are aberrational experiences here's some

1350

00:46:20,390 --> 00:46:17,359

medication

1351
00:46:22,550 --> 00:46:20,400
to control these experiences so yeah i

1352
00:46:23,829 --> 00:46:22,560
i accept that you know i think both

1353
00:46:26,150 --> 00:46:23,839
science and religion

1354
00:46:28,069 --> 00:46:26,160
control these anomalous experiences and

1355
00:46:29,030 --> 00:46:28,079
they try to explain them and take credit

1356
00:46:31,829 --> 00:46:29,040
for them

1357
00:46:33,030 --> 00:46:31,839
um in their own fashions so yeah i can

1358
00:46:34,950 --> 00:46:33,040
see that and i think there's certainly a

1359
00:46:37,870 --> 00:46:34,960
problem in our culture with them

1360
00:46:39,430 --> 00:46:37,880
the pathology pathology sorry can i say

1361
00:46:41,430 --> 00:46:39,440
pathologization

1362
00:46:43,030 --> 00:46:41,440
of um higher states of consciousness and

1363
00:46:45,589 --> 00:46:43,040

spiritual experiences

1364

00:46:47,829 --> 00:46:45,599

a lot of that does come from psychiatry

1365

00:46:50,470 --> 00:46:47,839

um from mainstream ideas about

1366

00:46:51,190 --> 00:46:50,480

uh mental illness seeing mental illness

1367

00:46:53,190 --> 00:46:51,200

as a

1368

00:46:54,950 --> 00:46:53,200

physical issue rather kind of kind of

1369

00:46:58,230 --> 00:46:54,960

mental or spiritual issue

1370

00:47:00,309 --> 00:46:58,240

so i think that that's a real problem

1371

00:47:01,670 --> 00:47:00,319

and where are you going with some of

1372

00:47:02,870 --> 00:47:01,680

your work you know people need to know

1373

00:47:05,750 --> 00:47:02,880

you're also

1374

00:47:06,790 --> 00:47:05,760

a poet which i think is super cool you

1375

00:47:09,589 --> 00:47:06,800

mentioned your

1376
00:47:11,109 --> 00:47:09,599
music background so i i don't want to

1377
00:47:13,589 --> 00:47:11,119
just be

1378
00:47:15,750 --> 00:47:13,599
hammering on this one book because you

1379
00:47:18,710 --> 00:47:15,760
really have a larger

1380
00:47:19,990 --> 00:47:18,720
kind of body of work and body of ideas

1381
00:47:21,829 --> 00:47:20,000
that you're kind of putting forth that

1382
00:47:23,910 --> 00:47:21,839
i'm very much

1383
00:47:26,549 --> 00:47:23,920
you know grateful that you're out there

1384
00:47:28,790 --> 00:47:26,559
doing this kind of stuff

1385
00:47:31,030 --> 00:47:28,800
what has been your work up to this point

1386
00:47:33,270 --> 00:47:31,040
in terms of understanding these

1387
00:47:35,670 --> 00:47:33,280
spiritually transformative experiences

1388
00:47:38,069 --> 00:47:35,680

and how they're kind of making their way

1389

00:47:39,670 --> 00:47:38,079

into people's lives

1390

00:47:41,510 --> 00:47:39,680

well i interpret it in terms of

1391

00:47:43,589 --> 00:47:41,520

evolution i've always been interested in

1392

00:47:45,910 --> 00:47:43,599

the evolution of consciousness

1393

00:47:47,510 --> 00:47:45,920

and i see my own work fundamentally as

1394

00:47:49,589 --> 00:47:47,520

an attempt to contribute to the

1395

00:47:51,990 --> 00:47:49,599

evolution of human consciousness

1396

00:47:53,109 --> 00:47:52,000

as an attempt to facilitate an

1397

00:47:56,230 --> 00:47:53,119

evolutionary leap

1398

00:47:56,790 --> 00:47:56,240

in consciousness so i mean i've examined

1399

00:47:58,390 --> 00:47:56,800

um

1400

00:48:01,349 --> 00:47:58,400

awakening experiences which are

1401

00:48:03,750 --> 00:48:01,359

temporary uh spiritual experiences when

1402

00:48:06,150 --> 00:48:03,760

our awareness expands and intensifies

1403

00:48:08,309 --> 00:48:06,160

and we feel a sense of oneness with the

1404

00:48:10,630 --> 00:48:08,319

universe or with other human beings

1405

00:48:12,230 --> 00:48:10,640

and i've also investigated permanent

1406

00:48:12,790 --> 00:48:12,240

transformations when people seem to

1407

00:48:16,230 --> 00:48:12,800

shift

1408

00:48:19,510 --> 00:48:16,240

into a permanent ongoing higher state

1409

00:48:21,349 --> 00:48:19,520

i call that shift into wakefulness and

1410

00:48:22,950 --> 00:48:21,359

one thing i've become more interested in

1411

00:48:26,150 --> 00:48:22,960

over the years is

1412

00:48:29,190 --> 00:48:26,160

the link between psychological turmoil

1413

00:48:31,030 --> 00:48:29,200

and the shift into wakefulness so i

1414

00:48:31,990 --> 00:48:31,040

found that it's quite common or it's not

1415

00:48:33,349 --> 00:48:32,000

uncommon

1416

00:48:35,190 --> 00:48:33,359

for people who go through intense

1417

00:48:37,430 --> 00:48:35,200

psychological turmoil

1418

00:48:38,470 --> 00:48:37,440

due to bereavement maybe a diagnosis

1419

00:48:40,630 --> 00:48:38,480

with cancer

1420

00:48:42,390 --> 00:48:40,640

maybe a period of addiction or intense

1421

00:48:44,390 --> 00:48:42,400

stress or depression

1422

00:48:46,790 --> 00:48:44,400

it's not uncommon for people to shift

1423

00:48:48,390 --> 00:48:46,800

into a new state of being

1424

00:48:49,910 --> 00:48:48,400

in the midst of that kind of turmoil or

1425

00:48:51,430 --> 00:48:49,920

after that kind of turmoil

1426

00:48:52,950 --> 00:48:51,440

it's almost as if there is a latent

1427

00:48:55,510 --> 00:48:52,960

higher self

1428

00:48:57,430 --> 00:48:55,520

in some people which is waiting for the

1429

00:49:00,150 --> 00:48:57,440

opportunity to emerge

1430

00:49:01,670 --> 00:49:00,160

and when the the normal ego breaks down

1431

00:49:02,710 --> 00:49:01,680

in the midst of intense turmoil and

1432

00:49:04,150 --> 00:49:02,720

stress

1433

00:49:07,030 --> 00:49:04,160

then there seems to be an opportunity

1434

00:49:08,950 --> 00:49:07,040

for this latent higher cell to emerge

1435

00:49:10,630 --> 00:49:08,960

and that seems to be happening quite a

1436

00:49:12,230 --> 00:49:10,640

lot you know i've met many people who've

1437

00:49:13,990 --> 00:49:12,240

gone through that shift

1438

00:49:16,230 --> 00:49:14,000

and they feel literally like they're a

1439

00:49:17,750 --> 00:49:16,240

different person in the same body

1440

00:49:18,870 --> 00:49:17,760

you know they they look at initially

1441

00:49:20,150 --> 00:49:18,880

they look at themselves in the mirror

1442

00:49:22,150 --> 00:49:20,160

and don't recognize themselves because

1443

00:49:24,150 --> 00:49:22,160

they become a different person

1444

00:49:25,670 --> 00:49:24,160

um and that again i think that is

1445

00:49:27,990 --> 00:49:25,680

connected to evolution it's almost as if

1446

00:49:31,589 --> 00:49:28,000

there is an unfolding of a new

1447

00:49:33,990 --> 00:49:31,599

human identity a new human state

1448

00:49:35,349 --> 00:49:34,000

which is manifesting itself in more and

1449

00:49:37,510 --> 00:49:35,359

more people

1450

00:49:38,390 --> 00:49:37,520

i think it's manifesting itself in

1451

00:49:41,430 --> 00:49:38,400

temporary

1452

00:49:43,589 --> 00:49:41,440

spiritual experiences but also

1453

00:49:44,630 --> 00:49:43,599

in this unfolding of a latent higher

1454

00:49:46,630 --> 00:49:44,640

self

1455

00:49:47,990 --> 00:49:46,640

which i think is probably the next stage

1456

00:49:49,750 --> 00:49:48,000

in the um

1457

00:49:51,589 --> 00:49:49,760

in the unfolding of human consciousness

1458

00:49:54,230 --> 00:49:51,599

overall

1459

00:49:56,150 --> 00:49:54,240

let's talk about tully for a minute as i

1460

00:49:56,549 --> 00:49:56,160

mentioned before i have a lot of respect

1461

00:50:00,230 --> 00:49:56,559

and

1462

00:50:02,710 --> 00:50:00,240

has been

1463

00:50:03,589 --> 00:50:02,720

your uh relationship with him and what

1464

00:50:06,390 --> 00:50:03,599

have you

1465

00:50:07,670 --> 00:50:06,400

learned and how has that influenced your

1466

00:50:09,349 --> 00:50:07,680

work i think he wrote the

1467

00:50:11,190 --> 00:50:09,359

the forward of the introduction to this

1468

00:50:12,309 --> 00:50:11,200

latest book did he not

1469

00:50:14,150 --> 00:50:12,319

yeah that's right he's written the

1470

00:50:15,510 --> 00:50:14,160

forward to three of my books now because

1471

00:50:17,270 --> 00:50:15,520

i've had three books published through

1472

00:50:20,470 --> 00:50:17,280

his um publishing imprint

1473

00:50:23,430 --> 00:50:20,480

echotel editions editions

1474

00:50:24,549 --> 00:50:23,440

um i got in contact with him about 15

1475

00:50:27,670 --> 00:50:24,559

years ago

1476
00:50:30,710 --> 00:50:27,680
when i wrote a book called the fall um

1477
00:50:31,750 --> 00:50:30,720
my book the fall is largely an

1478
00:50:34,069 --> 00:50:31,760
examination

1479
00:50:35,349 --> 00:50:34,079
of human history archaeology and

1480
00:50:36,790 --> 00:50:35,359
anthropology

1481
00:50:38,230 --> 00:50:36,800
and it's about the unfolding of human

1482
00:50:39,750 --> 00:50:38,240
consciousness through history through

1483
00:50:41,910 --> 00:50:39,760
human history

1484
00:50:43,430 --> 00:50:41,920
and i suggest that the myth of the fall

1485
00:50:45,910 --> 00:50:43,440
which a lot of cultures have

1486
00:50:47,270 --> 00:50:45,920
is based on a real event and the real

1487
00:50:48,790 --> 00:50:47,280
event was the

1488
00:50:51,589 --> 00:50:48,800

emergence of a heightened state of

1489

00:50:53,829 --> 00:50:51,599

individuality in some humans

1490

00:50:55,109 --> 00:50:53,839

a new sense of separateness a new sense

1491

00:50:56,950 --> 00:50:55,119

of duality

1492

00:50:58,150 --> 00:50:56,960

in certain human beings and that was

1493

00:51:00,630 --> 00:50:58,160

linked to the you know

1494

00:51:01,990 --> 00:51:00,640

the emergence of endemic warfare

1495

00:51:03,910 --> 00:51:02,000

patriarchy

1496

00:51:05,109 --> 00:51:03,920

monotheistic religion and also

1497

00:51:08,390 --> 00:51:05,119

technological developments

1498

00:51:09,430 --> 00:51:08,400

and so on but i sent the book to eckhart

1499

00:51:10,549 --> 00:51:09,440

because i thought it might interest him

1500

00:51:12,470 --> 00:51:10,559

i'd read the power of now

1501
00:51:14,470 --> 00:51:12,480
and i thought he might be interested so

1502
00:51:15,670 --> 00:51:14,480
i sent the book to his office and he got

1503
00:51:18,150 --> 00:51:15,680
got in contact with me a few months

1504
00:51:19,349 --> 00:51:18,160
later and said i really like this book

1505
00:51:20,390 --> 00:51:19,359
it's fantastic i want to help you

1506
00:51:21,990 --> 00:51:20,400
promote it

1507
00:51:23,670 --> 00:51:22,000
i'll give you an endorsement and uh

1508
00:51:24,390 --> 00:51:23,680
we'll do an interview about it i thought

1509
00:51:25,670 --> 00:51:24,400
fantastic

1510
00:51:27,589 --> 00:51:25,680
just what uh you know just what every

1511
00:51:29,829 --> 00:51:27,599
author wants

1512
00:51:31,670 --> 00:51:29,839
and so we after that we became friends i

1513
00:51:34,309 --> 00:51:31,680

went to canada to do an interview for

1514

00:51:36,230 --> 00:51:34,319

his uh internet tv station

1515

00:51:37,670 --> 00:51:36,240

and we tend to meet up whenever he's in

1516

00:51:39,990 --> 00:51:37,680

england um

1517

00:51:41,990 --> 00:51:40,000

sometimes in america i met him a couple

1518

00:51:44,150 --> 00:51:42,000

of years ago in los angeles

1519

00:51:45,270 --> 00:51:44,160

but yeah he's just basically you know

1520

00:51:48,069 --> 00:51:45,280

like a lot of

1521

00:51:48,950 --> 00:51:48,079

spiritually awakened people he's very

1522

00:51:51,510 --> 00:51:48,960

ordinary

1523

00:51:53,349 --> 00:51:51,520

you know there's nothing you know

1524

00:51:56,630 --> 00:51:53,359

extraordinary about him

1525

00:51:59,349 --> 00:51:56,640

he's just very simple i've met a few

1526
00:52:01,510 --> 00:51:59,359
spiritually awakened people people who

1527
00:52:02,790 --> 00:52:01,520
are awakened to a very intense degree

1528
00:52:04,150 --> 00:52:02,800
and there's something incredibly simple

1529
00:52:04,950 --> 00:52:04,160
about them there's really nothing to

1530
00:52:06,470 --> 00:52:04,960
them

1531
00:52:08,230 --> 00:52:06,480
you meet some human beings you think wow

1532
00:52:09,510 --> 00:52:08,240
these these people are so complex

1533
00:52:11,430 --> 00:52:09,520
i can't understand them it takes you a

1534
00:52:13,510 --> 00:52:11,440
while to work people out

1535
00:52:14,630 --> 00:52:13,520
but with somebody like eckhart you know

1536
00:52:16,630 --> 00:52:14,640
there's nothing there you just

1537
00:52:18,710 --> 00:52:16,640
work him out you understand him you see

1538
00:52:22,470 --> 00:52:18,720

through him straight away

1539

00:52:24,069 --> 00:52:22,480

and he has a tremendous quality of

1540

00:52:25,270 --> 00:52:24,079

stillness about him if you spend time in

1541

00:52:28,549 --> 00:52:25,280

his company

1542

00:52:30,710 --> 00:52:28,559

you naturally slow down you naturally

1543

00:52:32,870 --> 00:52:30,720

tune into his stillness

1544

00:52:34,150 --> 00:52:32,880

so it's a great experience to be in his

1545

00:52:35,670 --> 00:52:34,160

company

1546

00:52:38,390 --> 00:52:35,680

and i think a lot of people experience

1547

00:52:40,230 --> 00:52:38,400

that his talks as well you know this

1548

00:52:42,870 --> 00:52:40,240

he once said to me that when he gives

1549

00:52:43,589 --> 00:52:42,880

talks it's not so much what he actually

1550

00:52:46,150 --> 00:52:43,599

says

1551
00:52:47,190 --> 00:52:46,160
it's the feeling which people pick up on

1552
00:52:49,589 --> 00:52:47,200
and this sense of

1553
00:52:52,230 --> 00:52:49,599
stillness and presence which builds up

1554
00:52:54,870 --> 00:52:52,240
during the course of the evening

1555
00:52:57,030 --> 00:52:54,880
has that been a part of your spiritual

1556
00:52:59,430 --> 00:52:57,040
development and growth or not so much i

1557
00:53:02,549 --> 00:52:59,440
mean i'm totally cool with the idea that

1558
00:53:04,870 --> 00:53:02,559
you know you just have this kind of

1559
00:53:06,390 --> 00:53:04,880
friendship with him yeah not so much

1560
00:53:08,230 --> 00:53:06,400
really because i think my own spiritual

1561
00:53:10,390 --> 00:53:08,240
journey began

1562
00:53:12,470 --> 00:53:10,400
uh before i met him before i encountered

1563
00:53:13,349 --> 00:53:12,480

his books so i was already kind of set

1564

00:53:14,710 --> 00:53:13,359

in my

1565

00:53:16,470 --> 00:53:14,720

i think my own spiritual development

1566

00:53:19,030 --> 00:53:16,480

occurred when i was younger

1567

00:53:20,549 --> 00:53:19,040

and um yeah so i don't think i've been

1568

00:53:22,150 --> 00:53:20,559

sort of especially

1569

00:53:23,750 --> 00:53:22,160

helped in my spiritual development by

1570

00:53:25,589 --> 00:53:23,760

him but i've been

1571

00:53:26,950 --> 00:53:25,599

certainly i've been especially helps in

1572

00:53:30,870 --> 00:53:26,960

my work

1573

00:53:33,589 --> 00:53:30,880

and through his um for his support

1574

00:53:35,750 --> 00:53:33,599

yeah i had a my main spiritual teacher

1575

00:53:38,470 --> 00:53:35,760

was a guy called russell williams

1576

00:53:39,270 --> 00:53:38,480

and who was a spiritual teacher here in

1577

00:53:41,990 --> 00:53:39,280

manchester

1578

00:53:43,270 --> 00:53:42,000

in england where i live and he was

1579

00:53:45,829 --> 00:53:43,280

similar to eckhart in some ways he was

1580

00:53:48,710 --> 00:53:45,839

very ordinary very simple

1581

00:53:49,990 --> 00:53:48,720

and he died three years ago at the age

1582

00:53:51,430 --> 00:53:50,000

of 96

1583

00:53:53,109 --> 00:53:51,440

and just three years before his death i

1584

00:53:55,030 --> 00:53:53,119

helped him write his book

1585

00:53:56,790 --> 00:53:55,040

and he only published one book in his

1586

00:54:00,309 --> 00:53:56,800

whole lifetime he was probably the

1587

00:54:02,390 --> 00:54:00,319

the oldest ever first-time author

1588

00:54:04,549 --> 00:54:02,400

but uh but but like haircut if somebody

1589

00:54:06,069 --> 00:54:04,559

just you spent time in his presence and

1590

00:54:08,390 --> 00:54:06,079

there's this kind of radiance that comes

1591

00:54:10,390 --> 00:54:08,400

from him and it just settles you down it

1592

00:54:12,710 --> 00:54:10,400

just tunes you in

1593

00:54:14,150 --> 00:54:12,720

and it feels so right to be in these

1594

00:54:17,349 --> 00:54:14,160

people's presence

1595

00:54:20,790 --> 00:54:17,359

it takes you beyond separation and

1596

00:54:21,750 --> 00:54:20,800

beyond yourself you know uh it puts you

1597

00:54:23,190 --> 00:54:21,760

in touch with

1598

00:54:24,790 --> 00:54:23,200

the kind of radiance which is part of

1599

00:54:27,829 --> 00:54:24,800

their being it just

1600

00:54:29,190 --> 00:54:27,839

spreads to you and um you know and that

1601
00:54:31,430 --> 00:54:29,200
there's a whole sort of indian tradition

1602
00:54:32,710 --> 00:54:31,440
of darshan or satsang which is based on

1603
00:54:35,670 --> 00:54:32,720
that principle that

1604
00:54:37,109 --> 00:54:35,680
enlightenment spreads to the students of

1605
00:54:39,670 --> 00:54:37,119
the teacher

1606
00:54:41,829 --> 00:54:39,680
so if you had to sum up russell's

1607
00:54:44,549 --> 00:54:41,839
teaching in a couple of sentences

1608
00:54:45,670 --> 00:54:44,559
what would it be yeah well actually i

1609
00:54:47,829 --> 00:54:45,680
wrote a poem

1610
00:54:48,789 --> 00:54:47,839
based on one of his teachings and the

1611
00:54:51,990 --> 00:54:48,799
poem is called

1612
00:54:54,950 --> 00:54:52,000
be soft can you pull up the poem

1613
00:54:55,829 --> 00:54:54,960

we can pause a second well it's great

1614

00:54:57,430 --> 00:54:55,839

because um

1615

00:54:59,750 --> 00:54:57,440

he had a really interesting life he was

1616

00:55:01,430 --> 00:54:59,760

um he was actually

1617

00:55:03,510 --> 00:55:01,440

you know you've heard about dunkirk in

1618

00:55:06,309 --> 00:55:03,520

the second world war of course

1619

00:55:07,990 --> 00:55:06,319

yeah he was there at dunkirk and uh

1620

00:55:08,470 --> 00:55:08,000

helping to sort of ferry the bodies back

1621

00:55:12,390 --> 00:55:08,480

to the

1622

00:55:13,990 --> 00:55:12,400

soldiers back to england and um

1623

00:55:15,829 --> 00:55:14,000

you know he had an incredibly traumatic

1624

00:55:17,589 --> 00:55:15,839

early life

1625

00:55:19,990 --> 00:55:17,599

orphaned at the age of 11. he had to

1626

00:55:22,470 --> 00:55:20,000

start work at age of 11.

1627

00:55:25,589 --> 00:55:22,480

how did you even uh come to know him

1628

00:55:26,950 --> 00:55:25,599

well he was in the local area and uh

1629

00:55:29,190 --> 00:55:26,960

years ago probably about 20 years ago

1630

00:55:32,390 --> 00:55:29,200

and i went to gurjev

1631

00:55:34,069 --> 00:55:32,400

a gift group i was interested in gojiff

1632

00:55:35,510 --> 00:55:34,079

and i got friendly with a guy who used

1633

00:55:37,270 --> 00:55:35,520

to go to the group

1634

00:55:39,030 --> 00:55:37,280

and you know go jeff talks about uh

1635

00:55:42,390 --> 00:55:39,040

being awakened and

1636

00:55:44,069 --> 00:55:42,400

how most human beings asleep are asleep

1637

00:55:45,750 --> 00:55:44,079

so i said to my friend um you know have

1638

00:55:46,950 --> 00:55:45,760

you ever have you ever met a man who's

1639

00:55:48,470 --> 00:55:46,960

truly awake

1640

00:55:50,549 --> 00:55:48,480

and he said yeah there's this guy called

1641

00:55:52,309 --> 00:55:50,559

russell he lives a few miles away

1642

00:55:53,750 --> 00:55:52,319

you know he's uh a lot of people think

1643

00:55:55,109 --> 00:55:53,760

he's enlightened

1644

00:55:56,549 --> 00:55:55,119

so that was it it was just a word of

1645

00:55:57,589 --> 00:55:56,559

mouth because he never publicized

1646

00:56:03,430 --> 00:55:57,599

himself

1647

00:56:04,950 --> 00:56:03,440

wrote anything until this book at the

1648

00:56:06,549 --> 00:56:04,960

age of 93.

1649

00:56:08,789 --> 00:56:06,559

so he was kind of like a very very quite

1650

00:56:12,950 --> 00:56:08,799

a secretive reclusive teacher

1651
00:56:17,270 --> 00:56:15,910
um okay so shall i read uh be soft the

1652
00:56:20,789 --> 00:56:17,280
poem

1653
00:56:26,870 --> 00:56:23,829
so this is be soft based on russell

1654
00:56:31,990 --> 00:56:30,069
be soft so that your mind doesn't clash

1655
00:56:33,910 --> 00:56:32,000
with reality

1656
00:56:35,670 --> 00:56:33,920
and you can absorb your experience with

1657
00:56:38,630 --> 00:56:35,680
ease

1658
00:56:41,030 --> 00:56:38,640
be soft so that disappointments and

1659
00:56:43,910 --> 00:56:41,040
insults don't bruise you

1660
00:56:47,430 --> 00:56:43,920
but bounce harmlessly away after your

1661
00:56:50,630 --> 00:56:47,440
softness has absorbed their force

1662
00:56:52,630 --> 00:56:50,640
be soft so that thoughts don't turn to

1663
00:56:54,549 --> 00:56:52,640

fixed ideas

1664

00:56:56,390 --> 00:56:54,559

and emotions throw through you without

1665

00:56:58,390 --> 00:56:56,400

attaching themselves

1666

00:57:00,470 --> 00:56:58,400

and animosity doesn't longer long enough

1667

00:57:03,510 --> 00:57:00,480

to form a grudge

1668

00:57:06,069 --> 00:57:03,520

and pain passes away before turning to

1669

00:57:12,069 --> 00:57:09,190

be soft so that you can bend with the

1670

00:57:14,150 --> 00:57:12,079

wind without breaking

1671

00:57:17,510 --> 00:57:14,160

and become moist with the rain without

1672

00:57:23,349 --> 00:57:20,630

be soft so that you pass through the

1673

00:57:25,829 --> 00:57:23,359

world without leaving damage

1674

00:57:28,470 --> 00:57:25,839

only the lightest of trails that will

1675

00:57:31,190 --> 00:57:28,480

dissolve like a cloud

1676
00:57:35,510 --> 00:57:31,200
and become part of the air that everyone

1677
00:57:39,030 --> 00:57:37,270
he also had a very simple teaching where

1678
00:57:40,870 --> 00:57:39,040
he said that you know everything you do

1679
00:57:42,870 --> 00:57:40,880
in your house

1680
00:57:44,069 --> 00:57:42,880
do it with care do it very gently so if

1681
00:57:46,950 --> 00:57:44,079
you open a door

1682
00:57:49,589 --> 00:57:46,960
just do it softly as if you are paying

1683
00:57:51,829 --> 00:57:49,599
respect to the doorknob

1684
00:57:53,109 --> 00:57:51,839
as you walk upstairs walk slowly and

1685
00:57:55,190 --> 00:57:53,119
gracefully

1686
00:57:56,789 --> 00:57:55,200
you know giving your respect and care to

1687
00:57:58,549 --> 00:57:56,799
the banister

1688
00:58:00,789 --> 00:57:58,559

so it's very simple stuff but it's quite

1689

00:58:02,710 --> 00:58:00,799

powerful oh well i thought that was just

1690

00:58:04,950 --> 00:58:02,720

an extraordinary poem

1691

00:58:05,750 --> 00:58:04,960

uh you are you're to be congratulated

1692

00:58:08,870 --> 00:58:05,760

that is first

1693

00:58:11,990 --> 00:58:08,880

rate stuff so what was uh

1694

00:58:15,109 --> 00:58:12,000

i'm i'm fascinated what was

1695

00:58:16,630 --> 00:58:15,119

his departing with you like

1696

00:58:19,670 --> 00:58:16,640

how did he feel about the book how did

1697

00:58:24,710 --> 00:58:23,030

well i i had asked him many years ago

1698

00:58:26,150 --> 00:58:24,720

if he would write a book i thought you

1699

00:58:28,710 --> 00:58:26,160

know maybe you're getting old now

1700

00:58:29,910 --> 00:58:28,720

russell you're 85 or whatever it was

1701
00:58:31,829 --> 00:58:29,920
maybe you should think about leaving a

1702
00:58:33,910 --> 00:58:31,839
record of your teachings

1703
00:58:35,510 --> 00:58:33,920
and he would say no no no you know

1704
00:58:37,270 --> 00:58:35,520
there's no point because

1705
00:58:38,470 --> 00:58:37,280
the essence of my teaching is nonverbal

1706
00:58:39,670 --> 00:58:38,480
it's like what we're saying before it's

1707
00:58:42,230 --> 00:58:39,680
about feeling

1708
00:58:43,589 --> 00:58:42,240
it's beyond it goes beyond words so

1709
00:58:46,710 --> 00:58:43,599
words will never capture it

1710
00:58:48,789 --> 00:58:46,720
that's what he said but he agreed for us

1711
00:58:51,430 --> 00:58:48,799
to start recording the meetings

1712
00:58:53,270 --> 00:58:51,440
he held meetings twice a week uh we

1713
00:58:54,470 --> 00:58:53,280

started to record them

1714

00:58:56,549 --> 00:58:54,480

so at least we'd have some kind of

1715

00:58:59,589 --> 00:58:56,559

record but

1716

00:59:00,870 --> 00:58:59,599

a few years later when he was 93 he had

1717

00:59:02,309 --> 00:59:00,880

a health scare

1718

00:59:04,230 --> 00:59:02,319

um i can't remember what it was but he

1719

00:59:05,430 --> 00:59:04,240

said oh maybe you know maybe i should

1720

00:59:09,030 --> 00:59:05,440

leave a record so

1721

00:59:10,390 --> 00:59:09,040

let's write a book so

1722

00:59:11,430 --> 00:59:10,400

so i said are you sure he said yeah

1723

00:59:12,710 --> 00:59:11,440

definitely i want to leave something

1724

00:59:14,309 --> 00:59:12,720

behind

1725

00:59:16,069 --> 00:59:14,319

and i may not be around for too much

1726
00:59:17,510 --> 00:59:16,079
longer

1727
00:59:19,270 --> 00:59:17,520
so it was great i spent a few days with

1728
00:59:22,309 --> 00:59:19,280
him recording his life story

1729
00:59:23,990 --> 00:59:22,319
then i typed up some of the meetings um

1730
00:59:27,270 --> 00:59:24,000
i sent the manuscript back to him and he

1731
00:59:30,069 --> 00:59:27,280
corrected corrected it and edited it

1732
00:59:32,390 --> 00:59:30,079
and it was great because um it was

1733
00:59:34,230 --> 00:59:32,400
published in 2015

1734
00:59:36,870 --> 00:59:34,240
and in the following three years he

1735
00:59:39,270 --> 00:59:36,880
still met he still held twice

1736
00:59:40,710 --> 00:59:39,280
twice weekly meetings but because the

1737
00:59:43,030 --> 00:59:40,720
book was quite successful people

1738
00:59:43,750 --> 00:59:43,040

started to travel from america from

1739

00:59:46,470 --> 00:59:43,760

israel

1740

00:59:48,230 --> 00:59:46,480

from europe and so on so the meetings

1741

00:59:49,430 --> 00:59:48,240

became very vibrant and full of new

1742

00:59:50,950 --> 00:59:49,440

people

1743

00:59:52,710 --> 00:59:50,960

and that seemed to take his teaching up

1744

00:59:54,390 --> 00:59:52,720

to a new level you know he was very

1745

00:59:57,430 --> 00:59:54,400

encouraged by the

1746

01:00:00,710 --> 00:59:57,440

by the the new energy which um

1747

01:00:01,990 --> 01:00:00,720

permeated the meetings and uh you know

1748

01:00:03,430 --> 01:00:02,000

we thought he was going to live forever

1749

01:00:07,510 --> 01:00:03,440

because he seemed very healthy

1750

01:00:10,549 --> 01:00:08,710

people used to say to him you know how

1751

01:00:12,710 --> 01:00:10,559

come you're so so

1752

01:00:14,309 --> 01:00:12,720

healthy and so vibrant mentally because

1753

01:00:17,109 --> 01:00:14,319

he looked great he looked sort of

1754

01:00:21,589 --> 01:00:17,119

20 or 30 years younger than his age and

1755

01:00:24,789 --> 01:00:23,990

he would say thoughts take up so much

1756

01:00:26,150 --> 01:00:24,799

energy

1757

01:00:28,789 --> 01:00:26,160

you know if you don't think you save so

1758

01:00:30,069 --> 01:00:28,799

much energy great

1759

01:00:32,069 --> 01:00:30,079

so it was great it was it was a great

1760

01:00:34,309 --> 01:00:32,079

experience to to spend time with him

1761

01:00:35,190 --> 01:00:34,319

and he died in a very peaceful way you

1762

01:00:37,190 --> 01:00:35,200

know he

1763

01:00:38,470 --> 01:00:37,200

he got leukemia but died within three or

1764

01:00:41,030 --> 01:00:38,480

four weeks

1765

01:00:42,630 --> 01:00:41,040

and uh he was completely at ease with

1766

01:00:44,230 --> 01:00:42,640

with the idea of death

1767

01:00:45,990 --> 01:00:44,240

well that's that's wonderful stephen i

1768

01:00:49,430 --> 01:00:46,000

can definitely see how that would have

1769

01:00:50,630 --> 01:00:49,440

informed a lot of your a lot of your

1770

01:00:54,150 --> 01:00:50,640

work and i think it

1771

01:00:57,430 --> 01:00:54,160

completely explains your kind of fold in

1772

01:00:59,990 --> 01:00:57,440

naturally relationship with tully and

1773

01:01:01,349 --> 01:01:00,000

i'm sure on some level totally

1774

01:01:04,870 --> 01:01:01,359

recognized you

1775

01:01:06,390 --> 01:01:04,880

and and through you russell as being

1776

01:01:08,150 --> 01:01:06,400

kind of kindred spirits because your

1777

01:01:11,349 --> 01:01:08,160

poem is very

1778

01:01:11,829 --> 01:01:11,359

totally in a lot of ways without being

1779

01:01:15,349 --> 01:01:11,839

that at

1780

01:01:17,270 --> 01:01:15,359

all so you know you also have a foot

1781

01:01:19,190 --> 01:01:17,280

in academia as we mentioned at the

1782

01:01:20,950 --> 01:01:19,200

beginning you certainly have

1783

01:01:22,230 --> 01:01:20,960

stellar credentials and have been

1784

01:01:24,549 --> 01:01:22,240

recognized

1785

01:01:25,510 --> 01:01:24,559

in your field and publish and all that

1786

01:01:28,390 --> 01:01:25,520

what's that

1787

01:01:29,030 --> 01:01:28,400

like for you that's what you do kind of

1788

01:01:31,030 --> 01:01:29,040

uh for

1789

01:01:33,270 --> 01:01:31,040

for a part of your living you know how

1790

01:01:36,470 --> 01:01:33,280

do you balance those two

1791

01:01:37,670 --> 01:01:36,480

parts of your life it's tricky because

1792

01:01:40,630 --> 01:01:37,680

academia is so

1793

01:01:42,069 --> 01:01:40,640

left brain and it involves a lot of

1794

01:01:44,630 --> 01:01:42,079

fairly mundane

1795

01:01:46,630 --> 01:01:44,640

administrative tasks like marking and

1796

01:01:50,230 --> 01:01:46,640

you know doing registers

1797

01:01:51,910 --> 01:01:50,240

uh like evaluating research proposals

1798

01:01:53,589 --> 01:01:51,920

and so sometimes i think why am i doing

1799

01:01:55,510 --> 01:01:53,599

this no surely i should be spending all

1800

01:01:58,950 --> 01:01:55,520

my time writing poetry or

1801
01:01:59,910 --> 01:01:58,960
or writing my other books but one reason

1802
01:02:02,950 --> 01:01:59,920
is because

1803
01:02:05,990 --> 01:02:02,960
i feel like i am influencing

1804
01:02:07,430 --> 01:02:06,000
you know the paradigm of our culture in

1805
01:02:09,190 --> 01:02:07,440
in the uk particularly if you're an

1806
01:02:11,109 --> 01:02:09,200
academic you're seen as an expert

1807
01:02:12,870 --> 01:02:11,119
so you get a lot of media attention

1808
01:02:14,390 --> 01:02:12,880
people often contact you to say oh could

1809
01:02:16,789 --> 01:02:14,400
you speak to us

1810
01:02:17,910 --> 01:02:16,799
on the team on the bbc or can you give

1811
01:02:18,870 --> 01:02:17,920
us a quote for this article in the

1812
01:02:20,950 --> 01:02:18,880
magazine

1813
01:02:22,870 --> 01:02:20,960

so it gives you a certain degree of

1814

01:02:24,309 --> 01:02:22,880

kudos which i'm not really interested in

1815

01:02:26,710 --> 01:02:24,319

that for its own sake

1816

01:02:27,829 --> 01:02:26,720

but it helps you know it helps me to

1817

01:02:31,670 --> 01:02:27,839

sort of

1818

01:02:33,990 --> 01:02:31,680

to bring an influence into our culture

1819

01:02:35,829 --> 01:02:34,000

and so i think i think you can

1820

01:02:36,950 --> 01:02:35,839

contribute from

1821

01:02:39,270 --> 01:02:36,960

you can contribute to the movement

1822

01:02:40,789 --> 01:02:39,280

towards post materialism from within a

1823

01:02:43,910 --> 01:02:40,799

materialistic culture

1824

01:02:46,309 --> 01:02:43,920

from within a materialistic institution

1825

01:02:49,109 --> 01:02:46,319

such as academia so i feel like i've

1826

01:02:50,789 --> 01:02:49,119

kind of infiltrated the institution

1827

01:02:52,870 --> 01:02:50,799

and i'm trying to bring about some

1828

01:02:57,190 --> 01:02:52,880

change internally

1829

01:03:05,270 --> 01:03:00,549

agreements movement although i'm not

1830

01:03:10,789 --> 01:03:08,069

got it got it good i understand the

1831

01:03:14,390 --> 01:03:13,910

um well it's uh it's been terrific what

1832

01:03:18,789 --> 01:03:14,400

are you

1833

01:03:20,470 --> 01:03:18,799

what's coming up next

1834

01:03:22,390 --> 01:03:20,480

i've got a new book coming out later

1835

01:03:23,910 --> 01:03:22,400

this year called extraordinary

1836

01:03:25,750 --> 01:03:23,920

awakenings

1837

01:03:27,109 --> 01:03:25,760

and it's based on my recent research

1838

01:03:28,069 --> 01:03:27,119

into the kind of thing i was talking

1839

01:03:29,750 --> 01:03:28,079

about earlier the

1840

01:03:32,470 --> 01:03:29,760

extraordinary transformation that could

1841

01:03:34,150 --> 01:03:32,480

occur in the midst of intense suffering

1842

01:03:36,069 --> 01:03:34,160

so i've interviewed a lot of prisoners

1843

01:03:40,549 --> 01:03:36,079

who've had spiritual awakenings

1844

01:03:43,270 --> 01:03:40,559

and also you know people who've um

1845

01:03:44,950 --> 01:03:43,280

recovered from cancer people have been

1846

01:03:47,109 --> 01:03:44,960

you know long-term drug addicts

1847

01:03:48,470 --> 01:03:47,119

and alcoholics too so it's been quite

1848

01:03:49,670 --> 01:03:48,480

remarkable to

1849

01:03:51,589 --> 01:03:49,680

the interview a lot of people who've

1850

01:03:53,109 --> 01:03:51,599

undergone undergone this experience

1851
01:03:55,029 --> 01:03:53,119
so basically people have been to the

1852
01:03:58,069 --> 01:03:55,039
most extreme

1853
01:04:01,510 --> 01:03:58,079
um you know extreme degrees of human

1854
01:04:04,069 --> 01:04:01,520
suffering have undergone this incredible

1855
01:04:05,990 --> 01:04:04,079
shift into a higher state of awareness

1856
01:04:09,510 --> 01:04:06,000
what do you make of the

1857
01:04:12,069 --> 01:04:09,520
crossover between the physiological

1858
01:04:13,430 --> 01:04:12,079
psychological and spiritual in those

1859
01:04:14,789 --> 01:04:13,440
things because

1860
01:04:16,710 --> 01:04:14,799
you know you'll you'll hear this

1861
01:04:18,069 --> 01:04:16,720
particularly in a lot of different ways

1862
01:04:19,829 --> 01:04:18,079
but like in near-death experience you'll

1863
01:04:21,430 --> 01:04:19,839

hear people have a near-death experience

1864

01:04:23,029 --> 01:04:21,440

and there's a healing involved in it you

1865

01:04:25,589 --> 01:04:23,039

know i was just on

1866

01:04:27,670 --> 01:04:25,599

a show union of the unwanted podcast and

1867

01:04:30,069 --> 01:04:27,680

uh this one woman

1868

01:04:32,470 --> 01:04:30,079

rosemary was telling about her

1869

01:04:34,150 --> 01:04:32,480

extraordinary near-death experience and

1870

01:04:36,630 --> 01:04:34,160

she was like bargaining at the end she

1871

01:04:38,870 --> 01:04:36,640

goes okay i'll go back but i don't want

1872

01:04:40,789 --> 01:04:38,880

any of this cancer thing and i said okay

1873

01:04:42,150 --> 01:04:40,799

so she went back and her cancer was

1874

01:04:44,789 --> 01:04:42,160

completely gone and

1875

01:04:45,430 --> 01:04:44,799

her doctors were like well what what how

1876
01:04:48,710 --> 01:04:45,440
is that

1877
01:04:49,910 --> 01:04:48,720
possible so how do how do we understand

1878
01:04:51,829 --> 01:04:49,920
this

1879
01:04:53,270 --> 01:04:51,839
kind of crossover between the physical

1880
01:04:54,630 --> 01:04:53,280
between the material because something

1881
01:04:57,750 --> 01:04:54,640
is going on there

1882
01:04:59,510 --> 01:04:57,760
and the psycho-spiritual

1883
01:05:01,190 --> 01:04:59,520
yeah i found that in my research too you

1884
01:05:04,230 --> 01:05:01,200
know i met a few people who'd gone

1885
01:05:06,829 --> 01:05:04,240
who had chronic medical conditions

1886
01:05:08,309 --> 01:05:06,839
which suddenly disappeared after their

1887
01:05:11,190 --> 01:05:08,319
awakenings um

1888
01:05:12,390 --> 01:05:11,200

and also people who've been addicts or

1889

01:05:14,789 --> 01:05:12,400

alcoholics for a long time

1890

01:05:16,470 --> 01:05:14,799

they've been through a lot of incredibly

1891

01:05:18,549 --> 01:05:16,480

traumatic situations

1892

01:05:20,390 --> 01:05:18,559

one woman had been you know she'd been

1893

01:05:22,230 --> 01:05:20,400

attacked multiple multiple times raped

1894

01:05:24,390 --> 01:05:22,240

many times and so forth

1895

01:05:25,990 --> 01:05:24,400

but she said that once her new identity

1896

01:05:26,950 --> 01:05:26,000

established itself she was free of all

1897

01:05:28,950 --> 01:05:26,960

the trauma

1898

01:05:30,390 --> 01:05:28,960

so it happens on a physical and a mental

1899

01:05:31,910 --> 01:05:30,400

level as well all the mental trauma and

1900

01:05:34,950 --> 01:05:31,920

pain can pass away

1901

01:05:35,750 --> 01:05:34,960

after awakening too i think one way that

1902

01:05:39,029 --> 01:05:35,760

you could explain

1903

01:05:41,109 --> 01:05:39,039

is that a lot of um a lot of illnesses

1904

01:05:42,870 --> 01:05:41,119

are rooted in psychosomatic factors

1905

01:05:44,789 --> 01:05:42,880

they're caused in some way by mental

1906

01:05:46,150 --> 01:05:44,799

attitudes or intentions or mental

1907

01:05:48,309 --> 01:05:46,160

patterns

1908

01:05:49,349 --> 01:05:48,319

so once a person shifts to a different

1909

01:05:52,390 --> 01:05:49,359

identity

1910

01:05:53,990 --> 01:05:52,400

they take on a new mind and that new

1911

01:05:55,589 --> 01:05:54,000

mind doesn't carry any of the same

1912

01:05:57,270 --> 01:05:55,599

mental patterns or intentions or

1913

01:05:59,510 --> 01:05:57,280

attitudes

1914

01:06:00,870 --> 01:05:59,520

and so so the illnesses were associated

1915

01:06:02,870 --> 01:06:00,880

with the previous identity

1916

01:06:05,029 --> 01:06:02,880

so when a new identity emerges it's free

1917

01:06:07,270 --> 01:06:05,039

from all of those ailments

1918

01:06:08,549 --> 01:06:07,280

so that's one thing but also i think

1919

01:06:10,470 --> 01:06:08,559

consciousness

1920

01:06:12,710 --> 01:06:10,480

or the mind as it manifests itself in

1921

01:06:13,829 --> 01:06:12,720

human beings is so much more powerful

1922

01:06:15,829 --> 01:06:13,839

than the body

1923

01:06:18,309 --> 01:06:15,839

i think the body is an emanation of

1924

01:06:21,510 --> 01:06:18,319

spirit too but it's a kind of like a

1925

01:06:23,589 --> 01:06:21,520

um a less subtle emanation i think mine

1926
01:06:24,870 --> 01:06:23,599
carries fundamental consciousness very

1927
01:06:27,750 --> 01:06:24,880
powerfully

1928
01:06:29,670 --> 01:06:27,760
and intensely so the power of the mind

1929
01:06:32,309 --> 01:06:29,680
can affect the body to

1930
01:06:33,910 --> 01:06:32,319
you know tremendous degree and possibly

1931
01:06:35,430 --> 01:06:33,920
that explains why

1932
01:06:37,270 --> 01:06:35,440
serious illnesses like cancer can

1933
01:06:39,270 --> 01:06:37,280
suddenly disappear

1934
01:06:42,470 --> 01:06:39,280
well our guest again has been the very

1935
01:06:45,510 --> 01:06:42,480
excellent doctor steve taylor who has

1936
01:06:48,309 --> 01:06:45,520
been nice enough to stand

1937
01:06:50,230 --> 01:06:48,319
against some kind of pretty hard ass

1938
01:06:53,029 --> 01:06:50,240

poking for two people that

1939

01:06:54,390 --> 01:06:53,039

pretty much agree on the basics of what

1940

01:06:57,990 --> 01:06:54,400

he's saying but

1941

01:06:59,430 --> 01:06:58,000

hey that's kind of my my dick

1942

01:07:01,430 --> 01:06:59,440

life would be so boring if everyone

1943

01:07:04,630 --> 01:07:01,440

agreed that is right

1944

01:07:05,029 --> 01:07:04,640

of course visit his website and check

1945

01:07:07,510 --> 01:07:05,039

out

1946

01:07:09,750 --> 01:07:07,520

these books i think he's given you

1947

01:07:12,470 --> 01:07:09,760

enough to

1948

01:07:13,990 --> 01:07:12,480

find that there's going to be probably

1949

01:07:16,710 --> 01:07:14,000

more than one of these that are just

1950

01:07:19,990 --> 01:07:16,720

going to be fascinating to you i'm dying

1951

01:07:20,870 --> 01:07:20,000

to dig into this book on uh russell

1952

01:07:23,270 --> 01:07:20,880

williams sounds

1953

01:07:24,150 --> 01:07:23,280

so fantastic and his personal account

1954

01:07:27,109 --> 01:07:24,160

with him but

1955

01:07:28,950 --> 01:07:27,119

that kind of uh deeper understanding of

1956

01:07:31,109 --> 01:07:28,960

this

1957

01:07:31,990 --> 01:07:31,119

broader spirituality is woven through

1958

01:07:34,150 --> 01:07:32,000

all these books

1959

01:07:35,270 --> 01:07:34,160

steve it's been absolutely terrific

1960

01:07:38,870 --> 01:07:35,280

having you on and i

1961

01:07:40,309 --> 01:07:38,880

i appreciate uh you doing this with me

1962

01:07:41,990 --> 01:07:40,319

thanks alex it's been a pleasure thanks

1963

01:07:43,829 --> 01:07:42,000

a lot thanks again

1964

01:07:45,510 --> 01:07:43,839

to dr steve taylor for joining me today

1965

01:07:47,670 --> 01:07:45,520

on skeptico

1966

01:07:49,670 --> 01:07:47,680

my question to t up from this interview

1967

01:07:51,270 --> 01:07:49,680

is what are your three favorite episodes

1968

01:07:52,390 --> 01:07:51,280

of skeptico that you've heard

1969

01:07:53,829 --> 01:07:52,400

it doesn't matter if you've just

1970

01:07:54,710 --> 01:07:53,839

listened to the last few or if you

1971

01:07:56,390 --> 01:07:54,720

listened to

1972

01:07:58,390 --> 01:07:56,400

hundreds and hundreds of them what are

1973

01:08:01,190 --> 01:07:58,400

your top favorite ones

1974

01:08:02,710 --> 01:08:01,200

what better way to celebrate episode 500

1975

01:08:03,589 --> 01:08:02,720

let me know your thoughts let me hear

1976

01:08:08,829 --> 01:08:03,599

from you